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Thursday, May 10, 2012



**MOTHER'S DAY**

GIFT GUIDE INSIDE!

SEE PAGE 40

OTTAWA

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## LION HEART

Vincent Gabriel Kirouac rode his horse Cœur de Lion into Ottawa as part of his cross-country quest to put a little chivalry back into modern life. For more on his quest, pritheer tourneth to page 8 of our humble publication. JESSICA SMITH/METRO

# Keep Occupy camps out of parks: Mayor

**Warning.** Occupied Ottawa plans Saturday march from Human Rights Monument to Confederation Park



JOE LOFARO  
joe.lofaro@metronews.ca

Members of the Occupied Ottawa (formerly Occupy Ottawa) movement were given a stern warning from

Mayor Jim Watson Wednesday about setting up another tent village in the city.

Hugh Goldring, an Occupied Ottawa member, told CBC News the group is planning to occupy another park following a May 12 march.

Watson told reporters Wednesday if protesters are in a park after 11 p.m., the cops will come after them.

Goldring did not say which park the group will occupy, but if it's city-owned property, Watson has a message:

"We expect everyone within the city to respect and obey the city bylaws and it's pretty clear cut that you can't camp overnight in a city park," said Watson. "It's not necessarily safe, it's not legal."

The group was evicted from the National Capital Commission-owned Confederation Park Nov. 23 by police after occupying it for 39 days.

Follow Joe Lofaro on Twitter @giuseppelo



## Twitter reacts to pro-life proclamation

For the second year in a row, Mayor Watson has made Thursday Respect for Life day

## Fifty Shades too much for some libraries

The racy romance trilogy being pulled from the stacks in the U.S.

## Blue Jays take revenge on A's

Following Tuesday's late loss to Oakland, Toronto belted three home runs to back Brandon Morrow in a 5-2 victory

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# Mayor's pro-life proclamation sparks Twitter flame war

**Controversy.** Mayor says proclamations aren't endorsements, but anti-abortion group hopes one day Watson will see things their way

**JOE LOFARO**  
joe.lofaro@metronews.ca

Mayor Jim Watson was drawn into a heated discussion about abortion with women on Twitter and Facebook a day before the controversial National March for Life in Ottawa Thursday.

The spark for the exchange? Watson again granted march organizers' request he proclaim Thursday Respect for Life Day in Ottawa, as he did last year.

Organizers of the pro-life march expect more than 15,000 people will go to Parliament Hill to demand, "legal protection for all human beings from the time of conception to the moment of natural death."

The proclamation angered pro-choice advocates, but the mayor defended himself saying he is personally "pro-choice"



and the proclamation doesn't violate city policy.

Jim Hughes, national president of the Campaign for Life Coalition, said he welcomes the mayor's proclamation which can help people look at the abortion issue differently.

"Like some other people (Watson) needs to be edu-



## What's the motivation?

- Some on Twitter argued the proclamation is religiously motivated. The city's proclamation policy states that they must not be religiously or politically motivated.
- To clarify the policy, Watson wrote on his Facebook page: "Politically or religiously motivated," means affiliated for or against a specific political party, candidate, or religion... The mere fact that a political party, a candidate, or a religion has adopted a particular view on a subject of public discourse does not automatically disqualify that subject from being raised in a proclamation unless it otherwise violates legislation or City's policies."

cated," said Hughes, adding that he hopes one day Watson will become a pro-lifer and join them on Parliament Hill.

Follow Joe Lofaro on Twitter @giuseppelo

## Ex-police chief opens up about his cancer



At a cancer charity run last spring, Senator Vern White, then chief of the Ottawa Police Service, was angry. He had just been diagnosed with cancer.

White is a regular participant in the Alterna Ultimate Run for Men's Cancers (formerly called "Do it for Dad"), and the annual friendly fundraising competition between police, firefighters and paramedics.

"Last year, a week before the run I found I had colon cancer myself," he said at the launch

event for this year's run. "I was angry and mad at the world. Why me?"

White said he found inspiration in Greg Hébert, a radio broadcaster who is fighting a brutal battle with a cancer of the head and neck while fundraising and speaking publicly to raise awareness about cancer prevention.

"His passion around fighting it impacted on me and gave me an understanding that realistically it can happen to anyone

and our options were to give up or fight — and it changed my focus mentally, which was important in my battle," he said.

After surgery, White was given the all-clear he said. He still undergoes frequent tests, but is healthy and ready to run in this year's 10-kilometre event. White said he didn't speak out about the cancer as police chief or when he was appointed to the senate because he wasn't ready until now.

JESSICA SMITH/METRO

# 1

NEWS

## On the web

### These toys are locked and loaded

Gun parts and ammunition found hidden inside a child's stuffed animals at a Rhode Island airport are said to be related to a nasty custody battle. Federal transportation agents found the items Monday when a man and his four-year-old son went through security at T.F. Green Airport. Read the full story at metronews.ca.

## Mobile news



In an eat-your-veggies-before-dessert-style incentive program, video-game makers have created a pilot project that forces kids to get active before they get gaming. Scan the code to read about what's being billed as the first-ever online game to use kids' daily activity as its sole power source.

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In 35 years working in and studying the Arctic, University of Ottawa geography professor and permafrost expert Antoni Lewkowicz said he is seeing "indications all around the Arctic that the permafrost is warming." CONTRIBUTED

# Arctic melting like a thawing turkey, says Ottawa prof

**Study.** Professor finds that permafrost had vanished along Alaska Highway



**GRAHAM LANKTREE**  
graham.lanktree@metronews.ca

After 35 years working in and studying the Arctic, University of Ottawa geography professor and permafrost expert Antoni Lewkowicz is seeing, "indications all around the Arctic that the permafrost is warming."

Dawson City is sinking and half of the historic town of 1,319, which was the centre of Canada's gold rush in 1896, could be destroyed by melting permafrost, says Lewkowicz.

"Half of Dawson is built on permafrost and if the permafrost temperature raises by one degree it will cause major problems for the buildings," he said. "It's an icon for Can-

## Quoted

The permafrost "is an icon for Canadians and the only solution I can come up with is to put a lot of money into keeping the ground frozen."

Antoni Lewkowicz, geography professor and permafrost expert

adians, and the only solution I can come up with is to put a lot of money into keeping the ground frozen."

Lewkowicz is set to give a talk called "Why is thawing permafrost like defrosting a turkey?" at the university on Thursday.

"Permafrost is like a turkey in that the surface warms quickly, but then it takes a long time for the ice in the centre to thaw," he said. What he's worried about is the positive feedback loop melting permafrost creates.

"To thaw a turkey you put warm water on it, and we have a site in the Yukon where we're watching nearby water helping it thaw."

In 2010 he and two graduate students redid a survey from 1964 looking for permafrost along the Alaska highway. They found that half the permafrost was no longer there.

"My hope in giving this talk," he said, "is to educate the public and alumni about this issue and place it higher in the attention of politicians."

## Learn more

Antoni Lewkowicz will speak Thursday, May 10, at Jock Turcot Hall.



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## On the BeaverTail end of a bet

Mayor Jim Watson stopped at BeaversTails Wednesday to help owners Pam and Grant Hooker package two dozen special pastries to take with him to New York on Thursday for Mayor Michael Bloomberg and a children's hockey team as payment for a lost NHL playoff bet. Watson is also meeting Consul General John Prato to discuss economic development, tourism opportunities and Canada's 150th birthday celebrations in 2017, his office said. JESSICA SMITH/METRO

## Animal cruelty

### Protesters to demand stiff sentence for woman charged with animal cruelty

Animal-rights protesters say they are planning to picket Thursday from 1 to 2 p.m., outside of the Nepean Courthouse, at 100 Constella-

tion Cr. to demand a woman be given the maximum penalty in an animal-cruelty trial. The woman has not begun her case yet and has not been convicted of the charges.

The protest is timed to coincide with the first appearance of a woman accused of starving her eight-year-old female pit-bull to the point it had to be euthanized by animal-welfare authorities.

METRO

## Car crash

### Jaws of life used to rescue rollover victim

For the second time in two days, Ottawa firefighters have had to cut open a car to rescue a young woman following an automobile crash. Paramedics said the woman was taken to hospital in stable condition. METRO



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## SINGLE PROFESSIONAL



Chanel, 39, has a good life! A vice-president of a consulting firm in Vancouver, she makes \$125,000 a year and lives in a two-storey condominium downtown. While she works very hard – 60 hour weeks are not unusual – she rewards herself handsomely. She drives a new car, dines out frequently, and loves to travel as often as she can.

Chanel uses her *Scotia Momentum*<sup>®</sup> VISA Infinite<sup>\*</sup> cash back credit card to

pay for as many of her monthly purchases as possible. Not only does she earn cash back for every dollar spent on her card<sup>1</sup>, but her *Scotia Momentum*<sup>®</sup> VISA Infinite<sup>\*</sup> card also provides exclusive access to travel<sup>2</sup>, cultural and dining opportunities, as well as a complimentary concierge<sup>3</sup> service. For the past few years, she's taken advantage of the special travel packages created exclusively for VISA Infinite cardholders.

Last year, it was Mexico. This spring, she'll have VIP guest status at a luxurious beach resort in Maui, Hawaii because she used her *Scotia Momentum*<sup>®</sup> VISA Infinite<sup>\*</sup> card to book the trip<sup>2</sup>.

"I can't wait," says Chanel, who's had fun shopping for her trip and finally found a new bathing suit she liked. She's packing her golf clubs and tennis racket, and looking forward to the fantastic dining she's heard about at the resort too.

The *Scotia Momentum*<sup>®</sup> VISA Infinite<sup>\*</sup> card is the only reward card that Chanel uses, and she uses the card whenever she can. She recognizes the benefit of only using one credit card to maximize her cash back rewards. The card provides 4 per cent cash back at gas stations and grocery stores, 2 per cent cash back at drugstores and recurring bill payments, and 1 per cent cash back on all other purchases<sup>1</sup>. While there's an annual fee of \$99<sup>4</sup>, Chanel says the return and the time saving factor from

the complimentary concierge service is more than worth it. In fact, with the cash back reward she gets every year, she could pay for the card many times over.

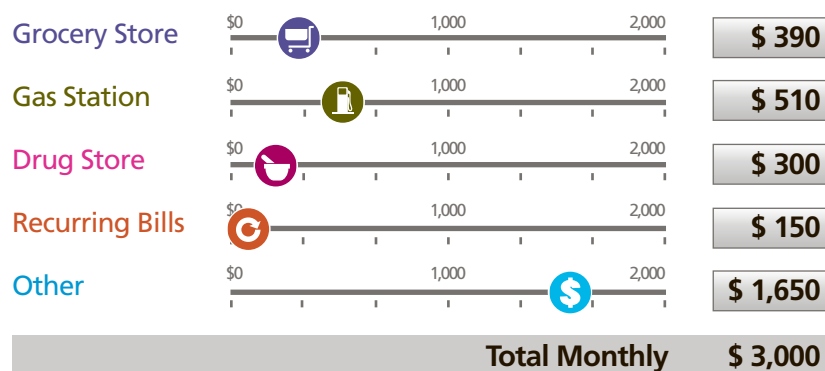
Last year, the card gave her more than \$700 cash back, and she's using the money to help pay for her trip to Hawaii. "It doesn't get any better than that!"

This advertorial is prepared by Scotiabank. Character in this advertorial is fictional. <sup>1</sup>See #1 in our ad of this publication for details on the benefit. <sup>2</sup>See #2 in our ad of this publication for details on the benefit. <sup>3</sup>See #3 in our ad of this publication for details on the benefit. <sup>4</sup>See #4 in our ad of this publication for details on the benefit.

## Scotia Momentum<sup>®</sup> Cash Back Calculator

### Chanel's profile:

Chanel uses her *Scotia Momentum*<sup>®</sup> VISA Infinite<sup>\*</sup> card to pay for about \$3,000 worth of purchases a month. Some fixed costs such as condo fees are not payable by credit card and therefore not included in these calculations.



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# City's creative buildings snag esteemed architecture awards

## Star projects.

Winning designs reflect three sides of Ottawa: Recreation, government and private enterprise



**GRAHAM LANKTREE**

graham.lanktree@metronews.ca

Ottawa doesn't want for great architecture, and Friday three of the city's star projects from the past year will grab awards for design excellence at an Ontario Association of Architects gala.

"These projects show a new direction and that there's exciting architecture happening here in Ottawa," said OAA president Sheena Sharp of the Rideau Canal's new skateway chalets, the Ottawa Convention Centre and the James Bartleman Archives and Library Materials Centre, which all picked up prizes.

"Ottawa doesn't normally get these recognitions, so to have three in one year is exceptional," said Anthony Leaning, the creative mind behind CSV Architects skateway chalets.

## The winning projects

- Rideau Canal's skateway chalets
- Ottawa Convention Centre
- James Bartleman Archives and Library Materials Centre

Each of the designs reflects one of the three sides of Ottawa, Sharp said. "You have the recreational side, the government side and the private enterprise side."

All three stand a good chance of winning the best in show and people's choice awards at the event, she said.

Sharp was particularly impressed with the way the new convention centre fit into its surroundings.

"It's an amazing response to its site," she said. "If someone asked you to design a building across from Parliament Hill, would you build a glass egg?"

Leaning said he hoped the fact the awards went to such creative projects will encourage clients to think about the importance of good design that really works for the public.



Rideau Canal skateway chalets by CSV Consultants Inc. — one of the projects picking up an Ontario Association of Architects design excellence award.

CONTRIBUTED/KIM GRAHAM & ASSOCIATES INC.

# Angry artist tears up work in protest

An artist who once painted war scenes for federal governments is now tearing up his work in protest of the government.

Allan Harding MacKay tore up one of his paintings live on CBC Tuesday night and is planning to tear up four more on Parliament Hill Thursday.

"I'll do it within view of the Parliament Buildings and I'll just tear the four that are remaining," he told Metro.

His list of complaints includes the feds treating veterans and First Nations poorly, and failing to protect the environment. He strongly

objects to what he calls "very deliberate attempts to game the system of parliament," such as holding committee meetings behind closed doors and the practice of packing important legislation into a large omnibus bill, resulting in less debate.

"I just got to a point where I had to examine what kind of clout I have other than voting, signing petitions and making comments on websites," MacKay said.

"I realized that I had artwork, which has its own kind of power, and destroying it would certainly gain attention — and shake people up to pay more attention to what the government is doing."

The five paintings belong to him, but would be worth about \$25,000 if they were on the market, he said.

The Department of National Defense sent MacKay to Somalia with the Canadian Armed Forces Civilian Artist program in 1993 and Afghanistan in 2002 to participate in the pilot launch of the Canadian Forces Artists Program.

National Defense spokesman Jay Paxton sent a statement to the CBC concerning the protest.

"I encourage the artist to donate his works to charities or causes that he believes in."

However, MacKay said his message will be heard louder with the art's destruction.

The Canadian War Museum has 79 of his paintings, but has no comment on his protest.

JESSICA SMITH/METRO



A poster being used by artist Allan Harding MacKay to promote his protest of federal Conservative government policies. CONTRIBUTED

## Driving distraction

### Man ticketed for eating chicken while driving

OPP charged an Ottawa man with careless driving Wednesday after he was spotted eating rotisserie chicken out of a bowl and steering with his knees.

Const. Rheel Levac said Michael Gibson, 58, passed by an OPP cruiser on the 417 eastbound at Nicholas at about 6 p.m.

OPP noticed he was weaving in and out of lanes, following other vehicles too closely, failed to signal a lane change and was driving over the speed limit.

"That's not one of our regular kind of distractions we see. That was a little much, that one," said Levac.

Gibson was given a \$490 ticket.

Levac said eating while driving is not an offence, but once it affects one's driving it can lead to charges.

JOE LOFARO/METRO

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# Love, honour and valour inspire modern-day knight's long ride

**700 km and counting.**  
Man plans to continue journey to Europe after crossing Canada



**JESSICA SMITH**  
jessica.smith@metronews.ca

A modern-day knight and his horse are crossing Canada on a crusade of love.

"I'm crossing Canada on horse and I'm doing this to sensitize people to honour and friendship and valour," said Vincent Gabriel Kirouac, as he and his horse Cœur de Lion stopped at a mall parking lot on St. Joseph Boulevard in Orleans Wednesday morning.

"I'm trying to help people when I see them. I'm trying to give people a hand and bring a dream in their lives," he said.

"When people see a knight in shining armour and they see the horse, children get excited, adults get amazed and if they can get amazed and relaxed for 10 seconds and stop rushing to

go everywhere, my day will be done."

He said he began his journey near Rivière-du-Loup and has travelled about 700 kilometres. He has been camping and staying at stables, hosted by strangers. Wednesday's journey is bringing him from Cumberland to Nepean National Equestrian Park.

He was inspired by the Lord of the Rings movies. "They were all different, but they were fighting together no matter what," he said. "That was nice, and I thought I'd like to see that in the world."

His fiancée, who calls him on the cellphone he wears on his belt, is supportive of his journey, he said.

"That was quite hard in the beginning," he said. His fiancée had considered coming with him, but instead the two will go to Europe when his journey is complete — but not on horseback. Cœur de Lion will deserve a break, he said.

Follow Jessica Smith on  
Twitter @jessicatherine



Vincent Gabriel Kirouac rides his horse Cœur de Lion down St. Joseph Boulevard in Orleans on Wednesday. JESSICA SMITH/METRO

## SubDevision spotlights eight indie Ottawa theatre groups



Performance theatre duo Emily Pearlman and Nicolas Di Gaetano of MiCasa will guide the audience through the interactive story HIDE told from the perspective of a fur coat. MICASA, MATTHEW PARSONS/CONTRIBUTED

A play in an elevator, in a kitchen, under stairs, on stilts and one where the audience does yoga while watching the performers are all part of SubDevision, a new indie-theatre experience opening Thursday night.

"Within Ottawa we've seen a huge boom in independent theatre companies popping up," said Catriona Lege, associate producer of the show, which runs three nights until Saturday, May 12. "So we thought it was about time to

### Play information

- SubDevision will run May 10, 11 and 12 starting at 7:30 p.m. at St. Paul's Eastern United Church at 473 Cumberland St. Tickets are \$20.

put together a little celebration."

SubDevision brings together eight indie theatre companies for as many performances,

all of which run concurrently as a party swirls around them.

"What you can expect is a taste of each company's own style," said Lege, who is also one of the artistic directors for Skeleton Key Theatre. "There's a movement-based exorcism piece set to candlelight, another on stilts incorporating acrobatics and a pod play by MiCasa Theatre where the audience walks around with iPods listening to a story and interacting with actors and the space."

The plays vary in length, running from five to 20 minutes. "It's a great opportunity for people curious about independent theatre, but nervous to commit to a two-hour play," Lege said.

GRAHAM LANKTREE/METRO

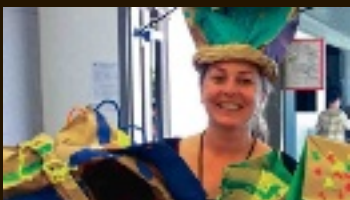
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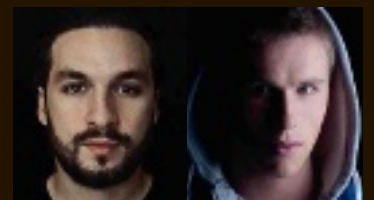
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# Crown says 25 pieces of evidence doom Rafferty

## The Tori killing.

If the jury rules out McClintic's story, there are other damning clues, lawyer says

Will the evidence of drug-addled, violent, lying Terri-Lynne McClintic be enough to convince the jury her boyfriend is guilty of killing Victoria Stafford?

Maybe not, the Crown admitted Wednesday.

There is no question McClintic's testimony was flawed, the Crown told the jury at Michael Rafferty's trial.

But there are at least 25 other pieces of evidence that confirm her original story.

McClintic, who had already pleaded guilty to first-degree murder in eight-year-old Tori's death, testified that Rafferty urged her to kidnap a young girl for him then sex-

## The charges

Michael Rafferty, 31, has pleaded not guilty to first-degree murder, sexual assault causing bodily harm and kidnapping.

ually assaulted the child.

McClintic testified she then snapped and killed Tori.

But Crown attorney Kevin Gowdey told the jury in London, Ont., to consider what McClintic told police all along — that Rafferty killed the girl.

Gowdey suggested McClintic's version of events in which she flew into a rage at seeing Rafferty rape Tori was less credible.

But it doesn't matter, he said, whether Rafferty killed Tori or McClintic did.

They both worked together and they both knew Tori would never be returned to her home in Woodstock, Ont.

THE CANADIAN PRESS



Rebecca Nichols, Tori's aunt, speaks to the media outside the court Wednesday. DAVE CHIDLEY/THE CANADIAN PRESS

## Life inside

### Prison inmates to pay more 'rent'

Public Safety Minister Vic Toews wants to make prison inmates pay more for room and board behind bars.

THE CANADIAN PRESS

## Testimony

### Were paramedics told to back off?

A retired Quebec judge accused of killing his wife asked paramedics not to try to revive her, his murder trial revealed.

Jacques Delisle said his wife killed herself and wanted to die, a police officer told the Quebec City court.

THE CANADIAN PRESS

## Health

### Cancer's death toll declining

The Canadian Cancer Society says the death toll from cancer in Canada is on the decline. It says about 100,000 lives have been saved in 20 years.

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## Plane lost over Indonesia

A new Russian-made passenger plane went missing over mountains in western Indonesia while on a demonstration flight Wednesday arranged for potential buyers. Fifty people were on board, including diplomats, businesspeople and journalists.

Search-and-rescue teams were deployed to the area just south of the capital, Jakarta, said Bambang Ervan, a spokesman for the Ministry of Transportation. He said more than 100 people were still searching the rugged, forested terrain after darkness fell. Bad weather, however, forced at least two helicopters to turn back.

The Sukhoi Superjet-100, Russia's first new passenger jet since the fall of the Soviet Union, took off from the Halim Perdanakusuma Airport for what was supposed to be a quick test flight — the second of the day.

It dropped off the radar just 21 minutes later, shortly after the crew asked air-traffic control for permission to drop from 3,000 metres to 1,800 metres, said Daryatmo, chief of the national search-and-rescue agency. They didn't explain the change of course, he said.

THE ASSOCIATED PRESS

# President Obama announces support for gay marriage

Meanwhile, in the GOP ...

## Romney responds

Mitt Romney says he believes marriage should be restricted to one man and one woman and that he's held that view "since running for office."

The presumptive Republican nominee for president on Wednesday called same sex-marriage "a very tender and sensitive topic" following President Obama's unequivocal declaration of support for same-sex marriage.

Polls show the U.S. is evenly divided on the issue.

Romney says states should be able to decide whether to grant certain legal benefits to same-sex couples.

THE ASSOCIATED PRESS

## Controversial stance.

Obama is the first U.S. president to publicly support gay marriage

Barack Obama made history Wednesday as he became the first U.S. president to throw his support behind same-sex marriage, a hot-button social issue for many of his fellow Americans as a general election looms.

"I've just concluded that, for me personally, it is important for me to go ahead and affirm that I think same-sex couples should be able to get married," Obama said in an hastily arranged interview with ABC News.

The interview came three days after Vice-President Joe Biden threw his own full support behind same-sex matrimony.

Obama said his previously "evolving" position has changed over the years as he's "talked to friends and family



President Barack Obama speaks during a campaign rally at The Ohio State University, Saturday in Columbus, Ohio.

HARAZ N. GHANBARI/THE ASSOCIATED PRESS

and neighbours, when I think about members of my own staff who are in incredibly committed monogamous relationships, same-sex relationships."

He also mentioned those serving in the military who are

"fighting on my behalf and yet feel constrained, even now that 'Don't Ask Don't Tell' is gone, because they are not able to commit themselves in a marriage."

Obama's wife, Michelle,

also influenced his decision, he added.

"This is something that, you know, we've talked about over the years ... and she feels the same way that I do," Obama said. THE ASSOCIATED PRESS

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## United States

### Charged on suspicion of malicious punishment of a child

A U.S. woman and her boyfriend shaved the head of her 12-year-old daughter and forced the girl to wear a diaper and run up and down outside their home because she wasn't doing well at school, police said.

Police arrested the two Monday night on suspicion of malicious punishment of a child. Lt. Mike Monsrud said they laughed as they were taken away and apparently didn't understand why police had intervened. They told police they were punishing the girl because she had bad grades and failed to do her homework.

THE ASSOCIATED PRESS

## Jennifer Hudson case

### Defence says prosecution failed

The defence for the man accused of killing relatives of Jennifer Hudson told jurors Thursday that prosecutors failed to prove their case, while prosecutors countered that they had "overwhelming circumstantial evidence" linking him to the crime.

Prosecutors denounced Hudson's former brother-in-law, William Balfour, as the killer and showed jurors photos of the victims' bloody bodies juxtaposed with pictures of them alive.

Hudson, who attended every day of testimony bent forward and sobbed.

THE ASSOCIATED PRESS



Author E. L. James, left, signs copies of her book "Fifty Shades of Grey" in Florida. JEFFREY M. BOAN/THE ASSOCIATED PRESS

# Fifty Shades of banned

**'Fifty Shades of Grey.'** Debate in the States about banning or not ordering the book, a novel about bondage, wild sex and, yes, even love

Public libraries in several U.S. states are pulling the racy romance trilogy "Fifty Shades of Grey" from shelves or deciding not to order the bestseller at all, saying it's too steamy or too poorly written.

Even in the age of e-books and tablets, banning a book from a public library still carries weight because libraries still play such a vital role in

providing access to books.

"When a book is removed from the shelf, folks who can't afford a Nook or a Kindle, the book is no longer available to them," said Deborah Caldwell Stone, the deputy director of the American Library Association's office for intellectual freedom.

"Fifty Shades of Grey," a novel about bondage, wild sex and yes, love, has been called "mommy porn" because of its popularity among middle-aged women.

It has become so well-known that "Saturday Night Live" performed a skit about it, joking that a Kindle with "Fifty Shades" on it was the perfect Mother's Day gift.

THE ASSOCIATED PRESS

## Book banning debate

"We believe the Brevard County Public Library System is indulging in an act of censorship, and essentially is saying to library patrons: 'We will judge what you can read,'" said Paul Bogaards, a spokesman for Random House.

- Libraries in Wisconsin, Georgia and Florida have all either declined to order it or pulled it. Other American states may soon follow "It's semi-pornographic," said a spokesman for Brevard County, Florida.

## Mafia trial. Reputed Mafia boss acquitted of killing a New York cop

A reputed Mafia boss and a co-defendant were convicted Wednesday on racketeering charges but were acquitted in the unsolved killing of an off-duty New York police officer.

Thomas "Tommy Guns" Gioeli, the reputed former boss of the Colombo crime family, had been charged in six murders, including that of Officer Ralph Dols, dating to the 1990s.

Jurors in New York found that he and reputed mob soldier Dino "Little Dino" Saracino were involved in murder plots but concluded that prosecutors

## Big Dino

**"We don't typically kill police officers. That's just the rule — you don't hurt kids and you don't kill cops."** Star witness and admitted assassin Dino (Big Dino) Calabro, who said he only learned after the killing that the victim was a cop.

cutors failed to prove they killed Dols or the others.

The two defendants smiled after the ruling.

THE ASSOCIATED PRESS

## Tennessee. Murder charges filed against fugitive and his wife

Murder charges have been filed against the fugitive suspected of killing a Tennessee woman and her teenage daughter and fleeing with her two younger girls.

Two first-degree murder counts against 35-year-old Adam Mayes, who has been sought for more than a week, were announced Wednesday. His wife, Teresa Mayes, also was charged.

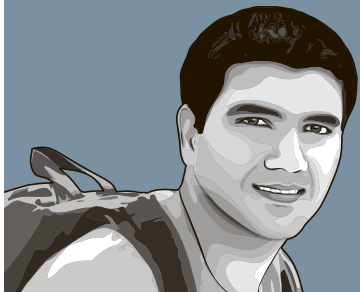
An affidavit filed in Bolivar, Tenn., says Teresa Mayes of Guntown, Miss., told authorities she was there April 27 when Adam Mayes, killed



Teresa Mayes, wife of Adam Mayes  
SHERIFF'S OFFICE/THE ASSOCIATED PRESS

Jo Ann Bain and her 14-year-old daughter, Adrienne, at their home. The motive was to kidnap Bain's two young daughters. THE ASSOCIATED PRESS





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# Man killed by crocodile during rescue attempt

## Tragedy in Zimbabwe.

A nightmarish end to a day of fishing for two friends as giant reptiles strike, dragging rescuer to his death

A Zimbabwean man was killed while trying to rescue his friend from attacking crocodiles in northwest Zimbabwe, a fishing club said Wednesday.

The National Anglers' Union said that Frank Trott, aged in his 70s, died after trying to rescue a friend paddling along the shoreline at Charara fishing camp. His friend survived but sustained wounds to his mid-section and buttocks.

Two crocodiles were shot dead by wildlife rangers after

## Lake Kariba

300 kilometre-long Lake Kariba in northeastern Zimbabwe is the world's largest artificial lake, by volume.

- The lake, which straddles the border with Zambia, was formed between 1958 and 1963 after the creation of a hydroelectric dam.

- Lake Kariba is a leisure resort for fishing, boating and wildlife sightseeing. It also serves as a habitat for crocodiles and hippos.

last week's attack. Remnants of the victim — including intestines and clothing — were found along the remote shores of Lake Kariba. No other remains were found.

The dead man was dragged away by a giant crocodile after going to assist his friend, said Mike Brennan, head of the fishing group. The friend, aged in his 40s and a fellow farmer with experience in the African wilderness, was treated for his wounds.

Brennan said the two had returned from a day outing Thursday on the lake for dinner and drinks at the fishing camp.

The survivor's wounds suggested he had been wading waist-deep in the lake when the crocodile attacked late in the evening. Trott was seized by a second large crocodile resting in long grass when he raced into the water to answer his friend's cries for help.

Brennan said a memorial service for Trott is scheduled Friday.

THE ASSOCIATED PRESS



## Labour protest diffused by water cannons

A government employee in Kashmir falls as Indian police use coloured water from a water cannon to disperse protesters in Srinagar, India, on Wednesday. The employees were demanding payment of wage arrears and asking for the retirement age to be raised, among other demands. MUKHTAR KHAN/THE ASSOCIATED PRESS

# Vatican board pressed to resign after ethics snafu

Members of the Vatican's bio-ethics advisory panel have called for its board to resign after scientists who don't support core church teaching on issues like birth control and infertility were featured at its annual conference.

The members said the Pontifical Academy of Life's Feb.

24 conference on diagnosing and treating infertility was a "Planned Parenthood-like meeting" that caused great scandal. They were upset because it was a Vatican meeting open to the public yet "consisted in promoting uncritically what the church teaches to be intrinsically bad."

Church teaching opposes in vitro fertilization because it separates conception from intercourse between husband and wife, and often results in the destruction of embryos. The Vatican also opposes artificial contraception, holding that life begins at conception.

THE ASSOCIATED PRESS



# A day to capture for generations to come

## Save the date.

Millions join together on May 15 in the 'largest collaborative photography project'

This May 15, Metro readers worldwide are invited to take part in "the largest collaborative photography project in history."

Aday.org asks professional and amateur photographers to take their cameras and capture moments in their daily life on one day only this May.

Organizers want to get a literal snapshot of the world we now live in.

"We are encouraging millions to photograph their daily life that will give millions of perspectives for immediate exploration and historic reflection," Ayperi Karabuda Ecer, editor-in-chief of Aday.org, told Metro.

The global event, lauded

by luminaries such as Nobel Peace Prize laureate Desmond Tutu and pop artist Robyn, will see millions of images generated for what organizers hope will give a "planetary message for the future."

"This will be an unprecedented mixture of capturing the energy of one single day with preserving it for generations to come," says Ecer, who is vice-president of pictures at Reuters and is on sabbatical leave for the Aday.org project.

Hundreds of Aday.org photo experts, including some 30 World Press Photo winners, now plan what they'll capture on the day.

Photographers must take their images on May 15 and will have one week to upload onto the Aday.org website.

The photographs will then be posted on an online database, "an 'exploration center' to view what the world has shot," Ecer says.

A Day in the World, a book with a thousand images from

### What to shoot

- **Home.** Anything from mealtimes to your cherished household bric-a-brac.
- **Work.** All matters connected to work, whether it's commuting, office banter or simply doing your job.
- **Connections.** Think how you connect with generations, identity and technology, as well as community and environment.

the project, will be published in November. An exhibition will be screened on outdoor screens in city centres worldwide." **METRO WORLD NEWS**



For some, it's bedtime — for others, it's fun. But for the Aday.org project, it's an insight into the world we live in. JULIEN GOLDSTEIN



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## Pickton inquiry: Detectives reject 'destructive' label

A pair of Vancouver police officers who've been sharply criticized at the Robert Pickton inquiry denied accusations Wednesday that "tunnel vision" caused them to ignore the serial killer, and instead insisted they were kept in the dark about Pickton.

Det. Const. Mark Wolthers, who is now retired, and Det. Const. Doug Fell, who is still on the force, worked on the missing-women investigation from the summer of 1999 until they were transferred the following year.

The inquiry has heard allegations the officers were difficult to work with, used derogatory language when talking about

sex workers, followed their own suspect while ignoring work related to Pickton, and withheld information from their colleagues.

Many of those criticisms were contained in an internal Vancouver police report authored by Deputy Chief Doug LePard, who testified last year. LePard accused Fell and Wolthers of "tunnel vision" that kept them focused on their suspect, and wrote in his report that the officers' "destructive conduct compromised the investigation and demoralized the other investigators."

"In my opinion, those findings are disgusting," an emotional Wolthers told the

inquiry.

Wolthers and Fell requested to join the Vancouver Police Department's missing-women investigation in 1999.

When they arrived, they believed they were looking for a serial killer and they already had their own suspect in mind: A man in Alberta with a history of allegations involving sex workers who was later arrested and charged with assaulting Vancouver women.

The pair acknowledged they weren't involved in investigating Pickton in any significant way. But they said they were never asked to look at Pickton, who had been assigned to two other officers. **THE CANADIAN PRESS**



Police observe the Occupy Nova Scotia camp in Halifax on Nov. 11, 2011. Notices were handed out to campers informing them that they were in violation of a municipal bylaw. **ANDREW VAUGHAN/THE CANADIAN PRESS**

## Crown drops charges against demonstrators

**Nova Scotia. 11**  
Occupy protesters have been cleared of all charges

Occupy Nova Scotia protesters said they felt vindicated Wednesday after the Crown dropped all charges against the demonstrators, who were forcibly removed by police from a Halifax park last fall.

Eleven of the protesters were charged with obstruction of justice after officers moved into Victoria Park on Remembrance Day and dismantled the group's tents.

The prosecutor in the case

said the charges were withdrawn Wednesday after a careful review of the evidence.

"I concluded there was no realistic prospect of conviction in these particular cases," Rick Woodburn said in an interview.

Woodburn declined to elaborate, saying it would be unfair to the protesters or the court to rehash evidence now that the charges have been dropped.

One of the 11 protesters who was also accused of breaching a court order had that charge withdrawn, as well.

Police who tore down the tents were acting on a municipal bylaw that prohibits overnight camping in a public park.

The group moved into Victoria Park after protesting for

### Vindication

Protesters issued a statement on the decision.

- "We did not deserve what happened nor having to be dragged through the legal system for six months," said John Thibreau.
- James Wiseman said leaving the courtroom "almost felt surreal."

weeks at Grand Parade in order to make room for Remembrance Day ceremonies.

**THE CANADIAN PRESS**

### Toronto

Reporter cleared of Mayor Ford's spying charge

A journalist whose clash with Toronto Mayor Rob Ford sparked a police investigation says he's been cleared of any wrongdoing in the incident.

Toronto Star reporter Daniel Dale says police found "no evidence" he was spying on the mayor or set foot on his property a week ago.

Dale tweeted that police found no photos or videos from that night on his BlackBerry.

**THE CANADIAN PRESS**

## Silencing. Charity groups worry about muzzling

The organization that speaks for foundations bearing illustrious Canadian names like Asper, Bronfman, McCain and Weston says it is worried about the Conservative government's recent attacks on figures in the charitable sector.

Philanthropic Foundations Canada has been trying to keep its members informed about changes in the federal budget that touch on charities.

The Conservatives have accused some environmental groups and foundations of "laundering money" for American bodies critical of Canadian resource projects.

The government wants to

apply greater scrutiny and limits to how much charities can spend on political activities, such as advocating for certain policies or laws.

Hilary Pearson of Philanthropic Foundations Canada says there's concern that the measures and the rhetoric will create a chill around support for the public policy and advocacy work supported by foundations.

The J.W. McConnell Family Foundation says the fear is that some groups won't want to speak out to shed light on areas of Canadian society that need attention.

**THE CANADIAN PRESS**

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# Survivors of shooting rampage testify

**Breivik's trial.** Court turns down Norway gunman's request to question witnesses; trial expected to go until end of June

Survivors of a youth-camp shooting massacre that left 69 people dead in Norway testified Wednesday about

their panicked attempts to hide during the rampage.

Meanwhile, the court turned down confessed gunman Anders Behring Breivik's request to question the survivors on the stand.

Tonje Brenna, a leading member of the Labor Party's youth wing, described how she sought shelter behind rocks on the shore of Utøya island on July 22 as her colleagues were shot around

## Breivik shows little emotion

**"I smelled gunpowder, it stung my eyes."**

Tonje Brenna, 24, a member of the Labor Party's youth wing

her.

More than half of the 69 people shot were teenagers.

The 33-year-old Norwegian who has admitted to the shootings has showed little sign of emotion during the

trial.

Breivik, who has admitted to the July 22 massacre and a bombing in Oslo that killed eight people earlier that day, interrupted the proceedings with a request to pose questions to the witnesses.

When the trial opened, the anti-Muslim crusader pleaded innocent to terror charges even though he admitted to the facts of the case. **THE ASSOCIATED PRESS**



Confessed mass murderer Anders Behring Breivik in court in Oslo.  
HEIKO JUNG/NTB SCANPIX

## Syrian tinderbox

### Obama to extend sanctions against Assad's Syria

A roadside bomb hit a Syrian military truck Wednesday just seconds after the head of the UN observer team drove by. The blast demonstrated the fragility of the international plan to end the country's bloodshed.

U.S. President Barack Obama took steps to extend sanctions against the government of President Bashar Assad, saying Syria poses an "unusual and extraordinary threat" to U.S. national security and diplomatic goals.

**THE ASSOCIATED PRESS**

## Mexico

### Bodies found in two vans near Lake Chapala

Police in Mexico have found an undetermined number of bodies stuffed into two vans near Lake Chapala, an area frequented by tourists. It's just south of the city of Guadalajara, in western Jalisco state.

The state prosecutor said the two vehicles were found by the side of a highway and have been towed to police labs. The bodies were found just a few miles from Lake Chapala, an area popular with American retirees.

**THE ASSOCIATED PRESS**



### Egyptian journalists rage

Egyptian journalists chant against the ruling military council during a demonstration in front of the Journalists Syndicate in Cairo Wednesday. Wearing black T-shirts and having shaved their heads, they protested the arrest of colleagues. **NASSER NASSER/THE ASSOCIATED PRESS**

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# Wacky weather damages crops in southern Ontario

**Seasonal.** Alternating warm and cold spring weather causes losses to tender-fruit and apple growers: Industry insiders

Early warm weather in March, followed by sudden flash freezes, has caused devastating losses to tender-fruit and apple growers in a large part of southern Ontario, industry insiders said Wednesday.

Wild swings in temperature have left several apple orchards without a single viable blossom, meaning they won't grow any fruit, said Brian Gilroy, head of the Ontario Apple Growers.

Others will see a significantly smaller yield — at least 20 per cent less than usual — making for a short supply of locally grown apples in stores this fall, he predicted.

"We'll do the best we can to

## Quoted

**"I would assume that prices will go up in light of the fact that supply in this part of North America is hurt so bad."**

Brian Gilroy, head of Ontario Apple Growers

get the consumer some apples this year but Mother Nature has made it extremely difficult," he said.

Unusual weather has ravaged apple-growing regions in the northeast United States and Quebec as well as Ontario, but growers in western regions such as Washington State have remained largely unscathed so far, Gilroy said.

That means struggling farmers are limited in how much they can raise prices to recoup their losses, he said.

Consumers will still likely see their grocery bills rise, he said, adding that stores will

need produce from out of the province to fill the void.

In Ontario the apple industry alone is worth up to \$400 million, said agriculture specialist John Cline of the University of Guelph.

Roughly 2,800 people are employed in the province's apple orchards, including 2,300 foreign workers hired during the growing season.

Agriculture Minister Ted McMeekin is set to tour a Niagara region orchard Thursday to evaluate the situation firsthand.

"While it's still too early to tell the impact of recent cold temperatures on some fruit crops, staff from my ministry are working with producers to assess the damage and develop management strategies," he said in a statement Wednesday.

A spokesman for the ministry said some growers are reporting second blooms, suggesting the impact may not be as dramatic as it initially appeared.

THE CANADIAN PRESS



## Protesting the pipeline

Martin Louie, a First Nations leader from Nadih, B.C., leads scores of West Coast First Nations and supporters towards Enbridge's annual meeting of shareholders in Toronto Wednesday to denounce a proposed pipeline that would cross their territories. The Yinka-Dene Alliance argues the Northern Gateway project poses a threat to aboriginals' way of life by threatening waterways and ecosystems. Project opponents travelled from the West Coast aboard a "Freedom Train" to make their point in the country's financial heartland.

CHRIS YOUNG/THE CANADIAN PRESS

## L.A. court

### Judgment against Honda overturned

A Los Angeles County judge has overturned a nearly \$10,000 US small-claims judgment against American Honda Motor Co. that was won by a car owner, who said the automaker misrepresented the gas mileage of her hybrid Civic.

A court commissioner had previously ruled in favour of Civic owner Heather Peters, awarding her \$9,867. Peters opted out of a class-action settlement, electing instead to sue the automaker on her own.

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## Market Minute



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**TSX**  
11,675.01 (-29.73)



**OIL**  
\$96.81 US (-20¢)



**GOLD**  
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**Natural gas:** \$2.465 (+7.2¢)  
**Dow Jones:** 12,835.06 (-97.03)

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## Mining. Ring of Fire gets \$3.3-billion investment

Ontario announced a \$3.3-billion investment by an American mining company Wednesday to develop the Ring of Fire, a huge mineral deposit near James Bay, but First Nations are still not on board.

Cliffs Natural Resources plans to build a chromite mine, a road to the area about 500 kilometres northeast of Thunder Bay and a processing facility near Sudbury, said Northern Development and Mines Minister Rick Bartolucci.

The Ring of Fire includes the largest chromite deposit ever

discovered in North America.

The \$1.8-billion proposed smelter in Capreol would create about 900 jobs, including 450 when it's in operation by 2015, and would process the chromite into a key component of stainless steel, said Bartolucci. "There are a number of factors that Cliffs and the province of Ontario are still discussing and still working towards resolution," said Bartolucci.

The Progressive Conservatives questioned the government's ability to bring First Nations onside. THE CANADIAN PRESS

## BlackBerry. Smartphone maker granted patent

Research in Motion, the Waterloo, Ont.-based smartphone maker, has been granted a patent from the United States Patent and Trademark Office for an "angular keyboard for a handheld mobile communication device."

Submitted in January 2009, RIM's patent application outlined a newly designed smartphone keyboard with angled lines separating each key.

RIM said the unique keyboard makes it easier for users to type and increases accuracy. The beleaguered company

has been denying rumours that it's phasing keyboards out of its smartphone designs, in favour of flat front surfaces like Apple's iPhone.

Chief executive Thorsten Heins told media at the BlackBerry World conference in Orlando last week that RIM's new line of smartphones, to be installed with the forthcoming BlackBerry 10 operating system, will include models with and without keyboards.

"We won't lose the focus on physical keypads," Heins said.

THE CANADIAN PRESS

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# HUNGRY HOLLYWOOD



HE SAYS...  
John Mazerolle  
metronews.ca/hesays

Summer is almost here — and that means summer-movie season has been underway for only 14 weeks.

That might seem counter-intuitive, but that's only because

you don't think like a movie exec. (Sniffing a marker helps.)

The reason that "summer" "films" start while you're getting over your New Year's hangover is, of course, that they make more money. Hollywood "event movies" attract more people willing to pay \$13 (\$47 with popcorn) because those films have a greater number of complex thematic elements involving explosions, car chases and bosoms.

So if you expand the summer to include months that aren't technically summer, you can expand on your explosions and thereby squeeze in more breasts and crash for cash.

This is vital to the modern movie exec because, as any trade publication will tell you, the movie industry is worse off financially than Greece. Attendance was down so far last year that insiders were comparing it to way back in — cross yourself if you're Christian — 1995.

What with Hollywood's money woes, I expect George Clooney and Brad Pitt to be on the streets soon, putting down their bindles so they can throw rocks (and maybe the barrels they're wearing) at the Hollywood Riot Police. Somebody will say, "I'm getting too old for this" and Morgan Freeman will die one day before retirement.

So summer flicks are important. They pull in crowds and often can save money by avoiding the services of a writer. Instead, a computer runs components of comedy, drama and pathos through a

series of algorithms, then recommends a comic-book movie.

The good news is this ploy usually saves the movie industry (and without a moment to spare!). The bad news is it will only be successful until 2024, when Hollywood will burn through the last possible remaining superhero adaptation (Aquaman III: War Seahorse).

It's a bad scene all around. If people stop going to the movies, they'll have to stop making them. Or stop paying actors \$10 million a film — but that would be madness.

So, I beg of you, please go see all the summer flicks you can. If not for Hollywood, then for me.

You see, movies like The Avengers and Spider-Man and Battleship (Battleship?) help keep the industry afloat so I can sit alone in theatres watching subtitled films that I pretend to understand. I'll accept your car chases and explosions and bosoms, if you'll accept my subtitles and nonsense scenes and, OK, bosoms.

Summer-movie season keeps expanding even as I hope that movies will get smaller. Or as Hollywood puts it, "I'm getting too old for this."



The Avengers: Keeping Hollywood afloat one explosion at a time.  
ZADE ROSENTHAL/DISNEY/THE ASSOCIATED PRESS

# Number of iPad users climbs



J PAT CARTER/THE ASSOCIATED PRESS

## Orangutan-friendly

### They aren't just monkeying around

Experts who work with primates have been using sign language and other methods to communicate with apes for years.

But with advancements in tablet-computer technology, workers at Jungle Island in Miami are using iPads to better communicate with their orangutans, such as the one pictured above.

THE ASSOCIATED PRESS

## Sound familiar?

"Our young ones pick up on it. They understand it. It's like, 'Oh, I get this.' ... Our two older ones, they just are not interested. I think they just figure, 'I've gotten along just fine in this world without this communication skill here and the iPad, and I don't need a computer.'"

Linda Jacobs, who oversees the technology experiment at Miami's Jungle Island

## Multi-touch

### Intelligent mammals without voice boxes

Orangutans are extremely intelligent but limited by their physical inability to talk, said Linda Jacobs, who is head of the Miami-based program.

"They are sort of trapped in those bodies," Jacobs said. "They have the intelligence that they need to communicate, but they don't have the right equipment, because they don't have voice boxes or vocal cords."

THE ASSOCIATED PRESS

## Tablet

### Add 'tech savvy' to their resumés

Scientist and conservationist Birute Mary Galdikas, founder of Orangutan Foundation International, said orangutans are among the most intelligent animals.

"IPads seem to work for humans. It's not surprising that orangutans, who share 97 per cent of their genetic material with humans, like them, too," Galdikas said.

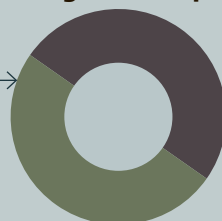
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## Twitter

@metroottawa:

Would you stop buying pop if it cost more? Report suggests taxing sugary drinks, while cutting cost of healthy choices: <http://t.co/h6GgbmWq>

@RallyForTruth:

@metroottawa There should be a 5 cent deposit on plastic and aluminum pop bottles and cans in Canada! Go from 20% recycle rate to 95%!!

@JeffSchubert:

@RallyForTruth @metroottawa isn't that what the recycling bins are for. Bad enough we have to take our wine empties to the beer store.

@Lowpass:

@RallyForTruth @metroottawa and turn @mybeerstore locations into recycling centers. Then sell beer everywhere like a civilized place.



## 2

## SCENE

## Celebrity buzz

Hayley Atwell  
to star in  
new film

Hayley Atwell of *Captain America: The First Avenger* will be starring in a new film with a somewhat familiar title. Intandem Films said Wednesday that Atwell has been cast in *10 Things I Hate About Life*, a romantic comedy to be written and directed by Gil Junger. Junger directed the hit 1999 movie *10 Things I Hate About You*, which starred Heath Ledger, Julia Stiles and Joseph Gordon-Levitt. Intandem will produce *10 Things I Hate About Life* with Mad Chance Productions, according to literary and talent agency APA.

THE ASSOCIATED PRESS

## On the web



Ex-Village People lead singer wins legal battle to regain rights to Y.M.C.A.

# Wave your geek flag at the inaugural Ottawa ComicCon

**Comic timing.** Meet famous guests, discover new artists and check out rare comic books

BACKSTAGE  
PASS

Jen Traplin  
ottawa@metronews.ca

Get ready to embrace your inner geek this weekend at the Ottawa ComicCon.

The fan convention boasts an impressive panel of special guests, including actors William Shatner, Lou Ferrigno and Adam Baldwin, who will all be telling stories and answering audience questions about their storied careers and infamous characters from movies and TV shows.

You can also take part in drawing workshops, check out the many exhibitors and mingle with local and international artists.

And, of course, as every ComicCon enthusiast knows, everyone is encouraged to dress up as their favourite comic book, sci-fi, fantasy or horror character.

Alex La Prova, president of the Ottawa ComicCon Group, has been running Montreal's ComicCon for the last few years and is excited to finally bring the popular event to our nation's capital.

"Let's face it, with the Junos and the NHL All-Star Game, the city has gained some notoriety in North America recently," he says.

"So we figured, what better year to launch our first ComicCon in Ottawa?"

Organizers are expecting

## Quoted

"When I used to go out and meet people, the last thing I would mention was the fact that I read comic books."

Alex La Prova, president of the Ottawa ComicCon Group

about 20,000 people to visit ComicCon over two days.

And with such strong interest from the city, La Prova says this will definitely become an annual event.

"We are really, really pleased with the outpouring of support in Ottawa," he says.

And with comics-based movies like *The Avengers* and *Iron Man* smashing box-office records, and shows like *The Big Bang Theory* and *Mythbusters* dominating our televisions, La Prova proclaims that the nerdy stigma that used to follow comic-book enthusiasts is long gone.

"When I used to go out and meet people, the last thing I would mention was the fact that I read comic books," he says with a laugh.

"But it's cool to be geeky these days."

## Details

- **When.** Saturday from 10:30 a.m. to 7 p.m. and Sunday from 10 a.m. to 5 p.m.
- **Where.** CE Centre (4899 Uplands Dr.)
- **Price.** \$25 for a Saturday pass, \$20 for a Sunday pass, FREE for kids 12 and under



William Shatner will be telling stories and answering audience questions at ComicCon. CONTRIBUTED

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DJ Kid Koala says his turntable work has greatly improved since Deltron 3030's acclaimed 2000 debut album. HANDOUT

# New Deltron 3030 album a decade in the making

## Hip-hop supergroup.

Canadian DJ Kid Koala again teams up with star rapper Del the Funky Homosapien and revered producer Dan the Automator

Canadian DJ Kid Koala says Deltron 3030's decade-in-the-making sophomore record is finally finished, and the long-awaited album easily surpasses the beloved original.

That should be comforting news for fans of the groundbreaking alt-rap trio — which also includes Bay Area rapper Del the Funky Homosapien and producer Dan the Automator — who have been waiting for 12 years for a follow-up to the group's sole ground-breaking release.

"I think it crushes the first one, personally," the affable Vancouver-raised DJ — whose real name is Eric San — said in a recent interview in Toronto.

"It's levelled up for me — Dan's production, my turn-

table work and Del's rhymes. I think it's all better. And even as a group, it feels like we understand how the parts fit more....

"A lot of the tracks are a bit more uptempo, I guess. There's an urgency to them."

It might be strange to hear San use the word "urgency" for a project that's been in gestation since the hip-hop supergroup's forward-thinking debut dropped back in 2000.

That record achieved instant cult status, deservedly hailed for its richly-coloured soundscapes, panoramic ambition and Del's meticulously sketched sci-fi musings.

Organized loosely around the concept of a dystopic future where humans and hip-hop are similarly oppressed, Deltron 3030's visionary space opera influenced a decade of similarly eccentric genre-hopping projects — most notably Gorillaz, whose platinum-selling debut featured all three Deltron members.

The trio will reunite for their first performance in years at Toronto's Luminato Festival on June 11. More Canadian dates in Montreal, Halifax and Ottawa will follow, which means Canadian fans will get the first opportunity to hear the new songs, since there's still no release date yet for the new material.

That last part will worry fans of the project who have already waited through seemingly endless delays. San says

## Kid Koala's crew

The other members of Deltron 3030 also have impressive resumes:

- **Del the Funky Homosapien.** Born Teren Jones, Del has worked with Gorillaz, Da Lench Mob and Ice Cube.
- **Dan the Automator.** Dan Nakamura, a classically trained violinist, helped found Gorillaz

he began working on the album in 2002, and there were rumours of progress in the meantime that seemed to indicate the record would be released. So he understands the skepticism that seems to greet each report of fresh progress — he even pulls his phone out of his pocket to play a few of the new tracks, just to prove "it's real."

He said interest in the project did seem to grow dramatically over the group's break.

"We were waiting for Del to get inspired to actually write. He's such a big component, obviously. When he decided it was clear conceptually what he wanted to rhyme about, it all came together really quickly."

San is also readying a new solo release for the fall, entitled 12-Bit Blues.

THE CANADIAN PRESS

## No sophomore jinx

"I think it crushes the first one, personally."

DJ Kid Koala  
Canadian hip-hop star believes this collaboration with Del the Funky Homosapien and Dan the Automator is even better than their previous effort

# Just in from SOUTH AFRICA



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# There's nothing generic about Santigold's album

## Former A&R exec.

Although she knows it sells, singer-rapper refuses to fall into the electronic-dance-music trap

You may love dance and electronic music, but Santigold hates it.

The singer-rapper, who has collaborated with Jay-Z, the Beastie Boys and Mark Ronson, says she wishes the sound wasn't so popular.

"I really don't like that music, that sort of Euro-dance music, Ibiza-style. I've never liked it, even when it was kind of new and underground," she said.

The electronic and dance genre has taken over North American radio in the last few years, with acts from Rihanna to Britney Spears to Usher to Katy Perry adopting the sound, and churning out No. 1 hits.

Santigold says today's pop hits are formulaic, where artists "hire one of three producers, one of a couple songwriters, and you pretty much get the exact same song every time."

"It's created a dismal landscape for music, but it's a sure bottom line for the record company," she said. "It's really become about the economy of the music industry, and it's shaping the music that we're getting in a really unfortunate way."

Philadelphia-born Santigold has written songs for Christina Aguilera, Lily Allen and Ashlee Simpson. She used to work as an A&R executive for Epic Records, and almost signed rapper-actor Mos Def.

"I brought Mos Def and I was like, 'You guys got to sign him.' And they're like, 'Is he down with Puffy?'" she recalled with a laugh. "Like, everything at that time was Diddy."

Santigold said the job was frustrating, and she decided to leave to pursue her own musical efforts. She blends elements of rock, pop, hip hop and dance to create a sound that is as distinct as her album's unusual beats.

"I would describe it as genre-less music," said Santigold, who released her sophomore album, *Master of My Make-Believe*, last week. It's the follow-up to her critically-acclaimed 2008 debut *Santogold*, which was her stage name before she changed it in



Santigold's second album, *Master of My Make-Believe*, dropped last week.  
GETTY IMAGES

2009.

"I always call it collage music because really that's what it is," she continued. "It's taking bits and pieces of all these different influences and sounds and piecing them together in a way that's special and unique to myself."

Santigold says making the latest album — which has collaborations with Q-Tip, Diplo, John Hill, Greg Kurstin, David Sitek of TV on the Radio and Nick Zinner of the Yeah Yeah Yeahs — was "intense" and transcendental meditation helped ease some of her exhaustion. **THE ASSOCIATED PRESS**

## Eclectic career

Born Santi White in Philadelphia, Santigold has held a wide variety of jobs.

- **Rocker.** Her first band, Stiffed, played hardcore punk rock.
- **Talent scout.** She tried to sign then-unknown Mos Def, but was overruled.
- **Solo artist.** After her strong debut, she toured with Coldplay and M.I.A.

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# Depp, Burton join forces once again for modern remake of classic vampire tale

## Dark Shadows.

Veteran actor and director team up for the eighth time to bring popular '60s TV series to the big screen

NED EHRBAR

Metro World News Hollywood

Aside from being a huge fan of the original 1960s TV series, there was another reason Johnny Depp was so keen to team up with Tim Burton for *Dark Shadows*, about a dysfunctional Maine family with a vampire patriarch. The star was troubled by the depiction of vampires thanks to the popularity of the *Twilight* series.

"I think it was during *Sweeney Todd* where I think I just blurted out in mid-conversation, 'God, maybe we should do a vampire movie together where you actually have a vampire that looks like a vampire,'" Depp remembers.

Depp and Burton — who have teamed up on eight films now — share both an obvious affinity for each other as well as an appreciation for the darker elements of horror. "As a child, you have this fascination. I certainly had this fascination with monsters and vampires as did Tim and whatever this darkness, this mystery, this intrigue," Depp explains. "And then, as you get older, you recognize the erotic nature of the vampire and the idea of the undead."

So what does a vampire



Depp says he did not enjoy having to endure living with extra-long prosthetic fingernails throughout the film's shoot. HANDOUT

look like, according to Depp and Burton? Pale skin and fangs, to be sure, but Depp also had to don elaborate prosthetics to give his fingers an extra joint, plus long, pointy fingernails. "In every film that I've been

lucky enough to do with Tim, there's always some form of torture, and the nails were Tim's idea," Depp says. "They were the length of the fingers and stuff, but it was OK because I had a troupe of people who would help me go to the

bathroom. They had to have treatment afterwards but they're OK now."

And then there are the teeth. The film finds Depp's Barnabas Collins awakening in 1972 after being interred for 200 years. Needless to say,

he's a bit caught off-guard — but nearly as much as the poor construction workers who find him. "I felt as though I was biting one of the Village People," Depp says of his first on-screen kill as a vampire. "When you had the fangs in,

you wanted to be a little bit careful that you didn't actually pierce the jugular, kind of like my experience shaving Alan Rickman [in *Sweeney Todd*] — which by the way neither of us want to do again, especially Alan."

## Favourite role

## It's not Jack Sparrow or Sweeney Todd

Captain Jack Sparrow. *Sweeney Todd*. Edward Scissorhands. Gilbert Grape. Over the course of his 28-year career in film, Johnny Depp has collected quite the array of oddball alter egos. But what if could pick one to inhabit for the rest of his life? Would he go with the charming pirate, the menacing barber — or perhaps the stuffy vampire of *Dark Shadows*?

"Wow," he says, giving the idea some serious consideration. "Probably the Earl of Rochester." Depp is referring to a rather bold performance in his lesser-known 2004 film, *The Libertine*, in which he starred as John Wilmot, a 17th century poet who famously drank and debauched his way to an early grave, dying of syphilis at 33. Nice work if you can get it.

NED EHRBAR

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Jonathan Frid

## Barnabas made show a ratings hit



IN FOCUS  
Richard Crouse  
[scene@metronews.ca](mailto:scene@metronews.ca)

This weekend, Tim Burton and Johnny Depp bring the long-dead gothic soap opera *Dark Shadows* to back to life.

The 1960s melodrama — which TV Guide included on its Top Cult Shows Ever list — hinged on the supernatural comings and goings at the Collins family's estate.

Werewolves, zombies and witches all appeared, but it was Barnabas Collins, a lovesick vampire troubled by his immortal existence — although it wasn't until episode 410 that they actually



Canadian Jonathan Frid had legions of dedicated fans in the 1960s. HANDOUT

used the "v"-word; before then they'd say, "he walks at night but he ain't alive" — who brought in upwards of 20 million afternoon viewers during the show's heyday.

Collins, played by Canadian actor Jonathan Frid (who passed away last month at age 87), was the show's biggest star and the reason stars like Quentin Tarantino and Madonna

never missed an episode.

Depp, who resurrects the character in the movie, was also a big fan.

"Jonathan Frid was the reason I used to run home from school to watch *Dark Shadows*," he said, adding that as a child, he was so obsessed with Barnabas Collins that he wanted to be him.

The fame that came along with playing the lusty

vampire was unexpected. When Frid won the role, he was planning a move to San Diego to teach acting and only accepted the part as a three-week gig to make money for the move.

"Ever since Frid joined *Dark Shadows* in April 1967, the program's ratings have zoomed," wrote the Chicago Tribune, "and Frid's popularity has soared so rapidly that not even television's image-makers, let alone the actor himself, can explain it."

The character struck a chord with audiences, but in his first weeks wearing Barnabas' cape, he had no idea of his popularity. When a producer handed him a piece of paper, he only reluctantly accepted it, thinking it was a pink slip. It wasn't. It was a piece of fan mail.

After *Dark Shadows* left the air in 1971, Frid worked primarily on stage.



## Richards, Sambora back together

Five years after splitting up, Richie Sambora and Denise Richards are back together, they confirm to *Us Weekly*. And it turns out Richards' recent adoption of a baby girl helped win Sambora over again.

"That is just a wonderful, wonderful, wonderful thing. When she did that, it just made me fall in love with her more," he says.

"It's such a beautiful thing to do. It's such a giving thing."

Richards also has two daughters, 8-year-old Sam and 6-year-old Lola, with ex-husband Charlie Sheen.



Justin Bieber

## Biebs gets his diploma

Justin Bieber can add high-school graduate to his list of accomplishments, he tells the *Daily Telegraph*.

"I just finished high school," says Bieber, who managed to squeeze in time for classes and studying while on the road. "I passed

my test. I'm free! It was hard doing school and work every day." So why was finishing school so important to the top-selling pop sensation? "(Getting my diploma) was something my mom really wanted me to do, so I had to do it for her," he says.

## METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



## Christina's still a fighter

MONICA WEYMOUTH  
scene@metronews.ca

You know *The Voice* has arrived in the world of reality TV when its feuding judges are making more headlines than the contestants. Jermaine Paul may have been crowned the winner Tuesday night, but all eyes were on Christina Aguilera.

Some called out Aguilera for being unreasonably harsh with contestant Tony Lucca — a fellow Mickey Mouse club alum — which reportedly led to problems with Lucca's mentor on the show, Maroon 5 frontman Adam Levine.

"You could cut the tension with a knife," a source tells *UsMagazine.com* of

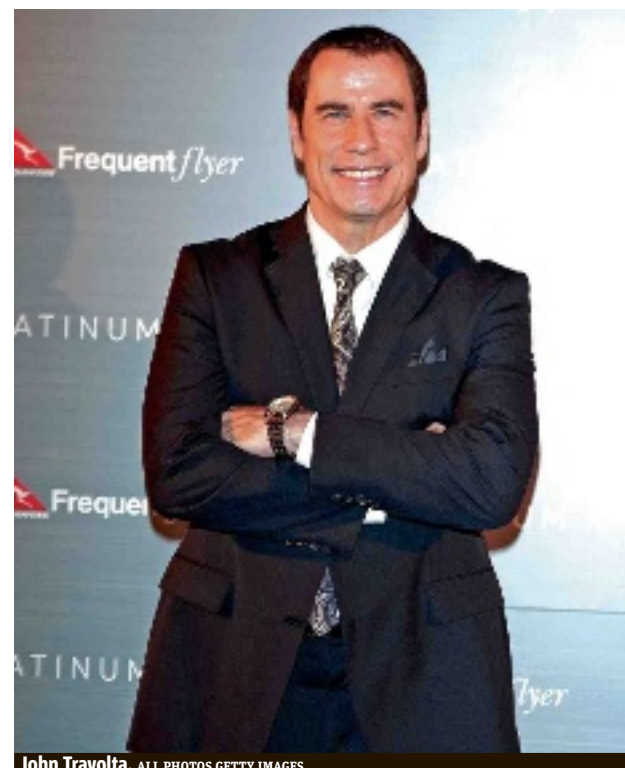
Monday night's taping.

"Adam also talks a ton of s— about Christina and makes fun of her behind her back."

While Christina claims it's not personal and doesn't even remember Lucca from their Disney days, another *Mouseketeer* isn't so sure.

"Britney was in love with (Lucca). Christina was in love with him. Mylin was in love with him," Dale Godboldo tells *TMZ*. "All of this (*Voice*) madness was not brought on by Tony."

Christina reportedly apologized backstage to Lucca for the drama, but come on — this is the closest thing a child star has to walking into her high-school reunion looking hot. If she needs to spin around in her *Voice* space chair and pretend not to recognize the chubby quarterback begging for approval in front of her, we say go for it.



John Travolta. ALL PHOTOS GETTY IMAGES

## Another lawsuit filed against Travolta

A second unidentified man has filed a \$2 million sexual battery suit against John Travolta, according to *Radar Online*. The new accusation centres on a massage session in an Atlanta hotel during which a naked Travolta allegedly behaved in a sexually aggressive and forceful manner.

The new accuser claims to have "substantial documentation and numerous witnesses regarding the

substance of Travolta's actions," according to the lawsuit.

The second man is being represented by the same lawyer who brought forward another man's accusations late last week that the actor made unwanted sexual advances during a massage.

Travolta's lawyer calls the second lawsuit "as absurd and ridiculous as the first one."

## Hoffman the hero

Dustin Hoffman jumped into action after seeing a jogger collapse in London from a heart attack, calling paramedics and staying by the man's side until he was OK, according to the *Sun*.

"Dustin was fascinated," a paramedic tells the newspaper. "He seemed impressed we'd got this guy back so quickly. When we

were carrying the patient into the ambulance he walked up and said, 'Great job, guys.' He really appreciated what had happened."

As for the jogger? "I have no memory of what happened," the man, Sam Dempster, says. "The paramedics told me I had been saved by Dustin Hoffman. It's unbelievable."

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# 3

## LIFE

### Style in brief

### Would you wear l'eau de Brad Pitt?

Brad Pitt is the new face of Chanel's No. 5 perfume. The French-based company announced Wednesday that the 48-year-old actor will star in an upcoming ad campaign for its signature women's scent. Other famous names who have been the face of Chanel include Catherine Deneuve, Nicole Kidman and Audrey Tautou. Chanel's founding designer, the late Coco Chanel, also modeled in ads in 1937 for what is now the company's oldest fragrance. It remains one of the world's top-selling perfumes. Pitt, once named People magazine's Sexiest Man Alive, is engaged to longtime companion Angelina Jolie.

THE ASSOCIATED PRESS

### On the web



Beyond floral prints: Native New Yorker's innovative living dresses bring Central Park to North Dakota

# There's No Doubt Stefani line will be a hit at Target

## Dressing tweens.

Stylish singer balances fun fashion with age-appropriate items in her new line for young girls

Gwen Stefani is no stranger to multitasking, juggling her music career — she's wrapping up a new album with No Doubt — and her fashion projects, which include the debut of the newest Harajuku Mini collection at Target next week.

But, Stefani says, it's her sons that mostly keep her on her toes. Some days, running Kingston, 6, and Zuma, 4, back and forth to school, doing homework and tucking them into bed seems to take up the biggest part of her day.

"I like to be with them whenever I can, of course," the 42-year-old singer-designer says. Her mother was very

hands-on, and Stefani says that's what she's striving to do. Some of her favourite memories include wearing Holly Hobbie bonnets and velvet dresses with lace collars that her mother made for her.

"Growing up, I had a really amazing mom who was really creative. She made stuff for every holiday, and I learned how to sew. ... She has really good style — and I feel like my parents let me be creative — but they'd always check my skirt length," Stefani says.

Stefani has been designing her LAMB line for women for nine years, so, she says, this collaboration on a children's line came pretty easily because she knows the design and manufacturing process, has more ideas than she knows what to do with, and has learned to edit herself for a clear, consumer-friendly message.

Plus, how much fun is it to dress up grade-school girls?

"When I first started this line, I thought it was going to be for under 5, but Target wanted me to do the bigger girls, which is a really strange age," she says.

"They're so inspired by things they see, trying to find themselves, expressing themselves. They're influenced by friends, what they see on TV and the Internet. I thought it sounded like a big job but I've gotten into it."

The clothes, available in stores Monday, are a mix of the girly frills and masculine silhouettes that Stefani says are staples of her own wardrobe.

And she's conscious of being age-appropriate.

"That part is challenging," she says, "but I think we've done a good job."

THE ASSOCIATED PRESS



Despite being a fashion icon, Gwen Stefani says her son Kingston loathes to take advice from mom. THE ASSOCIATED PRESS

### Fashion wars

## Stylish kids

While tween girls are willing to take style advice from Gwen Stefani, her sons have no problem saying "no," especially Kingston, who likes to pick out his own outfits any chance he gets because he wears a uniform to school. Mom still wins the fashion wars occasionally, though. "I do like to do a matching outfit at holiday time," she says.

### Phenomena

## YAY

If it's of the Adidas variety, you'll be giving off a kind of old-school RUN-DMC-style cool.

Nothing beats them for a walk home from the gym.

They never require ironing.



## TRACK SUITS — YAY OR NAY?

## NAY

If you're under the age of 25, you'll just be giving off a Justin Bieber, boy-band-wannabe style. Not so cool.

Wear it anywhere other than your local basketball court and people will think, "What is this, the gym?"

The whole soccer hooligan thing. Have you never seen The Firm?



# Getting dressed

Summer-music-festival season has officially begun. Here's our handy style guide to looking good while rocking out.

KENYA HUNT  
life@metronews.ca

YOU'VE SCORED TICKETS TO GLASTONBURY AND THE WEATHER FORECAST LOOKS:

## SUNNY

Go for Isabel Marant's Navajo-inspired sweatshirt, (\$560, mytheresa.com), and wear it with a pair of cut-off denim shorts and Minnetonka boots (they're trendy again, thanks to Kate Moss.)



## OVERCAST, RAINY AND CHILLY

Keep the sweatshirt and cut-offs, but lose the shoes. Instead, water-proof your look with a plastic mac (we like this one by ASOS, \$79.40, asos.com) and boots that will hold up in the mud, like a pair of Dr. Martens.



## THREE OF YOUR BEST GIRLFRIENDS

Now's the chance to wear that fringed kimono (asos.com, \$81) you bought that your boyfriend makes fun of. He doesn't seem to understand that Asia is having a moment in fashion right now, but your girlfriends totally do.



## YOUR BOYFRIEND, HIS OFFICE PAL AND HIS WIFE

Try a sexy, breezy dress (\$139, pixiemarket.com) that will take you from a day of dancing in the sun outdoors to a respectable grown-up dinner afterwards.



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## CAMPING OUTDOORS

Portugal gets really hot in summer. Stay cool and get some sun in the process by wearing a short little graphic romper (\$40, zara.com).



## LIVE MUSIC ALL DAY, AND CLUBBING LATE AT NIGHT

Pack a '20s-flavored flapper dress (Haute Hippie, \$987, net-a-porter.com) that will swish around in all kinds of fun ways as you dance it up atop the bar tables (what happens in Lisbon, stays in Lisbon).



## Get your spring glow on

Brighten your look with these cheery fashion-editor picks for the warmer weather



### Glamazon glow

Few do sun-kissed as well as Victoria's Secret. Hence the reason for trying the brand's new Beach Sexy Bronzing Shimmer Powder and Tinted Self-Tan Body Spray. For instant gilding worthy of the lingerie catwalk, the line's Tinted Body Lotion With Shimmer is sublimely sexy. From \$14, victoria-ssecret.com.

DEBORAH FULSANG



### Bellissimo!

Guerlain's Terra Azzurra by Emilio Pucci summer collection delights in its tailored details: the Bronzing Powder and Blush's smooth wooden compact, Pucci-printed cases, beautifully embossed powder and Portofino-inspired sun-soaked shades. The sexy gloss Porto Azzurro is a sheer indigo that reads sultry lilac on lips. From \$24 to \$76, guerlain.com The Bay, Murale.

JANINE FALCON



### After-school special

We love the sheer mineral blush and punchy, pigmented, creamy lip colour from Whistler, B.C.-based Lippy Girl. Created by chemist and teacher Darcey Diehl, it's natural makeup for cheeks and lips. Shown: Lippy Girl Organic Lipstick in Mother Pucker (berry) and Vexy Vixen (hot pink). \$16, ebeauty.ca.

JANINE FALCON



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# The many faces of Marc

His outfit at this week's Met Ball all but seals it: Marc Jacobs just might be the Madonna of the fashion-design world when it comes to reinvention. We look back at his transformation from shy, pale, bespectacled hipster to hard-bodied, Mediterranean-style hotness in a lace dress.

METRO WORLD NEWS



Marc Jacobs at the Met Ball this week.

ALL PHOTOS: GETTY IMAGES



## The early days

Long-haired and slightly rumpled, like that cool TA from your undergrad days.



## Hip and lean

Retro tees replace the button-downs. The shirts are just tight enough to reveal a hint of a six-pack.



## Caesar style

Contact lenses! Who knew his eyes were so dreamy? The blue-dyed Caesar hair-cut highlights the green and amber flecks of his peepers just so.



## Skirting around

With the jawline of a Greek god and rock-hard legs, Marc wows us with his body — in a skirt.



## Dressing the part

Because those legs mustn't go to waste, a streamlined dress seems like a natural progression from the kilt. The pilgrim shoes take the look to a new level of boldness. Is this the same shy guy from 2005? Almost hard to believe!

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So thousands of dollars later and still very much in the need of hair removal I decided to try electrolysis. I would recommend Caress to anyone no matter how desperate they may feel.

Denise

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# Surprise mom: Skip scrambled eggs for more sophisticated bites

No matter how much she would appreciate it, and no matter how much you love your mom — or the mother of your children — you aren't likely to make her croissants from scratch.

The trick is to outsource the pastry. While technically not the same as true croissant dough, sheets of frozen puff pastry can stand in just fine. They are widely available in the dessert freezer section of most grocers.

Keep the recipe simple by sprinkling the croissants with a blend of cinnamon sugar. You also could place a dollop

Cinnamon Sugar Croissants



This recipe makes 24 servings. MATTHEW MEAD/ THE ASSOCIATED PRESS

## Ingredients

Start to finish: 40 minutes

- 2 teaspoons cinnamon
- 1/4 cup sugar
- 17.3-ounce package frozen puff pastry, thawed (each package contains 2 pastry sheets)
- 4 tablespoons butter, melted

of jam at the wide end of each triangle of dough before rolling.

1. Heat the oven to 375 F. Line 2 baking sheets with parchment paper.

2. In a small bowl, mix together the cinnamon and sugar. Set aside.

3. One at a time, unwrap and unfold the sheets of puff pastry. Use a paring knife to cut the sheet in half lengthwise. Starting in one corner, cut each half into 6 triangles. Use a rolling pin to lightly roll out each triangle to just barely flatten. Lightly brush the triangles with melted butter.

4. Sprinkle a bit of the cinnamon sugar over each triangle. One at a time, start with the wide end of each triangle and roll it into a log. Gently bend the ends so they curve inward to form a crescent.

5. Transfer to the prepared baking sheets. Repeat the rolling with the remaining

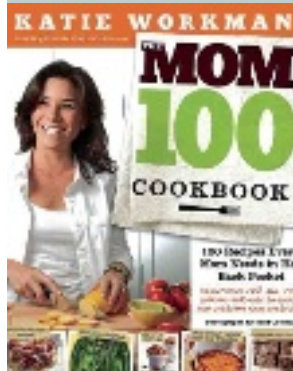
triangles.

6. Brush the tops of each croissant with a bit more butter, then sprinkle a bit more cinnamon sugar over each. Bake for 20 minutes, or until puffed and lightly browned. Let cool for several minutes, then serve warm.

THE ASSOCIATED PRESS

## Cookbook of the Week

### The Mom 100 Cookbook



Thanks to The Mom 100 Cookbook by Katie Workman, founding editor of cookstr.com, the 20 most common cooking-for-kids dilemmas that every mom faces are now solved.

Workman covers it all, packing the book with recipes, tips, techniques and wisdom for staying happy in the kitchen while keeping it homemade. Her solutions include: The English Muffin Pizza as a breakfast alternative, entrées to feed the overnight vegetarian convert, best-shot vegetable dishes and seafood mains that even the fish-phobic will gladly embrace. METRO

## Crunchy Breakfast Cups. Add a textured kick to start mom's special day

1. Preheat oven to 400 F (200 C). Push tortillas into jumbo or extra large muffin tins or 1 cup (250 mL) ramekins; set aside.

2. In a large nonstick skillet, melt butter over medium heat and cook, onions, pepper and ham for about 3 minutes or until softened. Add eggs and using spatula, stir into pan. Add cream cheese and continue

stirring for about 3 minutes or until egg is almost set. Remove from heat and spoon among tortilla cups. Sprinkle tops with Asiago cheese and bake for about 10 minutes or until tortillas are golden and cheese is bubbly.

3. Serve with salsa, if desired.

DAIRYGODNESS.CA

## Ingredients

- 6 small whole wheat flour tortillas
- 2 tbsp (30 mL) butter
- 4 green onions, thinly sliced
- 1 red pepper, diced
- 1/2 cup (125 mL) diced cooked ham
- 6 eggs, beaten
- 1/2 cup (125 mL) light cream cheese, cubed
- 1/4 cup (50 mL) shredded Canadian Asiago cheese
- Chunky salsa (optional)



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## SPECIAL INFORMATION FEATURE



Erin takes her mom, Kim, out for a pint of Blueberry Wheat Beer at the Mill Street Brew Pub. JEFF O'REILLY/FOR METRO

# Treat mom to a pint

**Flavours.** Mill Street recently launched its new Seasonal Sampler Pack

JEFF O'REILLY  
For Metro

The second Sunday of May is traditionally a day put aside to say thank you to the women who gave birth to us, fed us, changed us and protected us as children.

They may have given us our first bowl cuts, our first sense of culinary appreciation, set us up to open our first lemonade stand and drove us to early morning hockey and soccer practices, swimming lessons and countless other childhood distractions, all while keeping the house immaculately clean, the meals delicious, our ever growing backs fully clothed, and our adolescent itineraries and social calendars nearly conflict free.

And for those of us lucky

enough to have children, mom has probably been there for solid parental advice and maybe even an emergency babysitting sleepover ... or two (or three?).

So while a call or a card is nice, and flowers are always a thoughtful gift, if mom is up for it, why not take her out for a pint and spend a few hours catching up over brewskies? Mom has been so busy being mom there is a whole world of new and interesting beer flavours of which you should introduce her.

Speaking of new, Mill Street recently launched its new Seasonal Sampler Pack at the Beer Store and LCBO, with old favourites Tankhouse Ale, Organic Lager, Stock Ale and Lemon Tea Beer alongside the formerly "Ottawa brew pub exclusive" Ambre De Chaudière Bière De Garde and the delicious new Walker's Blueberry Wheat Beer.

Mill Street brewmaster Joel Manning tells me that the Blueberry Wheat Beer was first brewed last July at the Toronto Brew Pub and served there exclusively last August to rave reviews.

"It's a real Canadian take on the fruit beers that we make," Manning said. "The beer is brewed in a way that is similar to our frambozen — fruit is added to the aging tank and re-fermented. Blueberries have a tougher skin than raspberries so we have to mash up the blueberries first. Some of the blueberries come from the family farm of one of our employees — Tyler Walker from New Hamburg, Ont."

Mill Street Blueberry Wheat Beer (five per cent alcohol by volume) pours a beautiful reddish-orange colour similar to the inside of a ripe plum with a rocky, white head. Aromas of wheat, light esters and fresh berries are inviting while the sweet and round flavours of lemon, wheat, blueberries, tart raspberries and tangy yeast are balanced nicely by firm malts and a creamy wibier smoothness with a soft lingering finish.

This beer would perfectly complement garden fresh salads, lighter chicken dishes, desserts, fresh berries and embarrassing stories about your childhood.

Happy Mother's Day.

## Festival. Cheese lover's delight

SAMANTHA EVERTS  
For Metro

The Great Canadian Cheese Festival is returning to Picton, Ont., from June 2-3.

Canada's biggest cheese show will highlight artisan, farmstead and specialty cheese from Vancouver to Prince Edward Island, offering more than 125 different cheeses, representing more than 30 producers. There is even a giant water buffalo named Yvette waiting to meet the kids while the adults get to taste her delicious mozzarella.

In addition to sampling artisan foods, wine, craft beer and cider there will also be tastings. And what goes better with beer than pizza? Food Network star Bob Blumer (Glutton for Punishment) will demonstrate how to turn an ordinary barbecue into a rustic pizza oven.

The festival has a regional twist with seven Ottawa artisan fromageries producing the most coveted cheese across Canada. Chef Michael Blackie from the National Art Centre has incorporated Back Forty Artisan Cheese tangy blue cheese (from Lanark Highlands) into a special



Some of the cheeses that will be offered at the Great Canadian Cheese Festival, which will be held June 2-3 in Picton. SAMANTHA EVERTS/FOR METRO

event dish — a cubic melt with chorizo crispy bits, kumquat compote and acidulated shimeji mushrooms.

If you aren't up for a road trip, you're in luck. Manotick's Clarmell Farm's goat cheese is favoured by the Le Café chef and will also be exhibiting its salty rich feta and creamy chevre. Glengarry

Fine Cheese will be offering its award-winning Dutch and Welsh-style pressed cheeses with buttery tones, and the sweet, savoury and floral notes it is known for.

Find these cheeses at fine food stores like Nicastro's and Herb and Spice.

For more information, see [cheesefestival.ca](http://cheesefestival.ca).

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The rich and varied dialects of Southern Louisiana have resulted in many special phrases and sayings. **Lagniappes** is one such phrase. It has Spanish origins but was adapted by the Creoles of New Orleans and means "an extra or unprecedented gift or benefit." In that spirit, we present our 3-Course Prix Fixe meal options.

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# Uncork some of these California classics



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For Metro

Premium wines from some of California's historic producers are showcased in the Saturday's LCBO Vintages release. While California is home to almost every known vitis vinifera, the focus is on three classics: Chardonnay, Cabernet Sauvignon and Zinfandel.

The secondary release highlights rosés from around the world.

## St-Nicolas Rosé Crackling Cider, Quebec (LCBO #275362, \$19.95)

A lovely combination of local summer and autumn fruit in a lightly alcoholic, lip-smackingly tasty sparkler. Dry, yet fruity, this beverage has a vibrant texture and would be a

fine match for a rustic paté or fine Ontario cheddar.

## Featherstone Rosé 2011, VQA Niagara Peninsula (LCBO #117861, \$14.95)

The vibrant candy-apple pink tone appeals, as do the sweet floral, red fruit and candy apple aromas of this fruity, mid-weight rosé. Sip on the patio or the porch, pair with almost any appetizer, pizza or light grilled meat.

## Finca Flichman 'Expresiones Reserve' Malbec/Cabernet Sauvignon 2009, Argentina (\$15.95 (LCBO #507707, \$15.95))

This dry, full-bodied red blend is loaded with luscious ripe black fruit. Great value and a good choice for barbecued red meats.

## Kaiken Cabernet Sauvignon 2010, Argentina (LCBO #261891, \$14.95)

Another great value. A classic Cabernet displaying aromas and flavours of cedar, blackberries, vanilla and "charry" toast. A natural match for grilled meats.

## Domaine Boisson Côtes du Rhône-Villages Cairanne 2009, France (LCBO #264630, \$19.95)

This wine offers alluring aromas — spicy floral perfume, dried herbs, sweet, ripe berries and dried cherries. Savour it now or cellar medium term.

## Juan Gil 'White Label de Cepas Viejas' Monastrell 2010, Spain (LCBO #13656, \$12.95)

This wine offers aromas of black cherries, berries, vanilla and sweet spice. This is a great value — load up the wagon!

**Grand Total: \$98.70**  
FOR MORE, SEE SAVVYCOMPANY.CA.

## Worth the Splurge ... Gallo Family 'Frei Ranch Vineyard' Cabernet Sauvignon 2008, California (Vintages #555607, \$34.95)

The aromas of this big, powerful wine roll from the glass — ripe, dark fruit, warm baking spice, vanilla, cedar and sweet herbs. Drinking well now, it's designed for long-term cellaring.

# For mom. Dessert wine is a special treat



**SEASONAL  
SIPS**  
Allyson Bycraft  
For Metro

## Mother's Day, May 13:

Here's a seldom seen and very special treat for mom: Yalumba Museum Reserve Muscat (\$24.95 for 375 ml, LCBO #963488) is an Australian specialty and renowned in the world of dessert wines.

It's a fortified wine (18 per cent alcohol by volume) made from shrivelled and partially-raised Muscat grapes, but unlike its golden-hued, fresh-tasting French counterparts — Muscat de Beaumes-de-Venise, for example — the Aussie version is aged for several years to a tawny and absolutely delicious sweet perfection.

Available at Vintages Saturday.

## Victoria Day Weekend, May 19-21:

For a refreshing change, try a specialty of the province of Quebec: Apple

cider. Specifically, St-Nicolas Rosé Sparkling Cider (\$19.95, LCBO #275362) is

a great cooler-offer on what we hope will be a hot and sunny weekend.

It's made pink by the introduction of strawberries and raspberries that are macerated in the apple cider.

Those flavours are found on the palate as well, and nicely complement the apple base and floral notes. Medium-dry, but still very fresh on the palate. Available at Vintages Saturday.

**ALLYSON  
BYCRAFT**



# MUST-SEE CULINARYTV



## EPISODE 3

Lynne and her guests prepare a delicious key lime pie "with a twist" and whip up the best sugar pie you'll ever have!



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*must.love.food.* SUNDAY  
MAY 13  
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All meats at Seed to Sausage are antibiotic-free and are sourced within 160 kilometres of their kitchen. SAMANTHA EVERTS/FOR METRO

## Seed to Sausage has locavore vision

SAMANTHA EVERTS

For Metro

Mike Mackenzie is an unlikely entrant into the culinary field, and yet his sausages have been snatched up by top restaurants in Toronto and Ottawa (Beckta and Murray St. Kitchen are fans).

Having made salami in his garage for his friends for years, Mackenzie was surprised at the response. "It just was a hobby like making cabinets."

His passion for ethical food shines in his products

and they are set to open a retail location May 19, complete with artisan cheese, pastas and chutneys.

Having learned from German and Italian sausage makers, Mackenzie has a true locavore vision. "Our salumi is made the same way that you would have made it 100 years ago," says Mackenzie.

From head to tail, they make their cured meats in their Sharbot Lake location. They also travel to make sure the animals are being raised in a sustainable fashion. "We work with farms that are interested in making accessible

### Bon appetit

**"I think it's important we produce good food that people can feel comfortable with."**

food for the wider market," says Mackenzie.

All meats antibiotic-free and are sourced within 160 kilometres (100 miles) of their kitchen.

Seed to Sausage offers specialty items like lonzino (dry cured pork loin similar to prosciutto), pancetta, fermented

salumi, and a selection of deli-style meats that can turn boring lunch sandwich to one outstandingly packed with flavour. Their artisanal bacon is made with high-quality pork in a variety of flavours, including: Rosemary and thyme; garlic juniper; molasses and cracked black pepper; and smokey chipotle chili.

Seed to Sausage is located at 12821 Highway 38, Sharbot Lake, Ont. Retail store hours are 9 a.m. to 6 p.m., Wednesday to Sunday. The grand opening will be held May 19 from 11 a.m. to 4 p.m. For more, see seedtosausage.

## Fish farming. Consider benefits



FARM  
TO FORK  
Maurice Hladik  
For Metro

Have you ever given much thought of the benefits of fish farming? First, it takes pressure off the wild fish harvest. Secondly, a lot of high-quality food is produced to nourish a hungry world.

Most of the world's oceans are overfished without any thought of conservation simply because it is not in the interest of any fisherman to leave anything behind that would probably be scooped up by the next boat.

Given the law of supply and demand, as the wild fish catch declines, prices will increase, making it profitable for fishermen to continue harvesting, even where the nets bring in little.

This leads to a depletion of the natural fish stock to the point that recovery is either very slow or not even possible.

This has been the case for much of the East Coast cod fishery, which has yet to recover after 20 years.

However, with the advent of fish farming, prices are kept somewhat in line and render partially depleted fishing areas uneconomic.

The main species farmed are salmon, carp, tilapia, sea bass, catfish (basa) and cod. Of these, catfish and tilapia are plant eaters so the concern of using wild fish as feed does not apply.

For other carnivorous species such as salmon, their diet includes much more than fish. Also, wild fish "do not happen." For fish such as tuna, it is estimated that for every edible pound they consume 100 pounds of other fish.

Yes, environmentalists make a good point that caged farm fish are incubators for disease and parasites that might spread to their wild cousins, but by adopting best practices such as slowly towing fish pens, these issues are addressed. As with most food production activities there is an environmental price to pay, but, on balance, eating farmed fish should be encouraged.

MAURICE HLADIK IS THE AUTHOR OF THE BOOK DEMYSTIFYING FOOD FROM FARM TO FORK.

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Stephen Beaumont,  
WORLD OF BEER



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# Bye espresso, hello sweet caramel

The sun is shining, so why not give your place a trendy summer tan?  
This warm copper colour will spread a beautiful glow throughout your house



**DESIGN CENTRE**  
Karl Lohnes  
home@metronews.ca

Whether we call it camel, caramel or tan, this warm glow is quickly replacing that dark espresso brown that has dominated the home furnishings market for the past few years.

This rich copper tone evolves from antique saddle leather and the cognac wood tones from the 1950s. It's a great way to warm up the popular grey that everyone is drawn to these days and matches perfectly with the mid-century walnut and teak-wood tones.

**How to incorporate tan into your decor scheme:** Tan helps to warm up the dark espresso and grey hues which most everyone has in their decor. This warm copper hue looks fantastic with popular summer colours like ink blue, kelly green or any version of lavender/purple.

Adding creamy warm tones will make it feel comfy and traditional. Adding crisp white and bolder colours will make it look contemporary.

It's most stylish paired with this year's biggest colour: bright orange. But be weary; it can look horrible with pastel colours like mint green, yellow and peach.



## Toro Lounge Chair

You will be hanging (literally) in the thick, saddle leather sling of this modern beech wood and leather lounge chair. Its pale tones will lighten up a dark corner in a bedroom or lounge.

Toro Lounge Chair,  
\$1,480/URBANMODE.COM



## Emerson Secretary Desk

Handcrafted and completely upholstered in leather with brass hardware. A hinged panel drops to become a writing surface and there are lots of cubbyholes and drawers for storage. A perfect desk to house the laptop computer and all the other electronic devices that invade our lives.

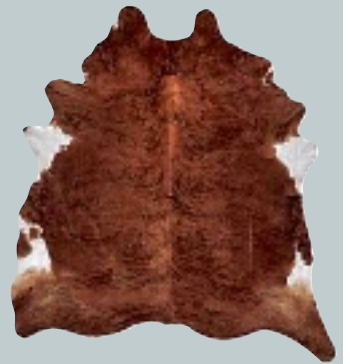
Emerson Secretary Desk,  
\$1,600/CRATEANDBARREL.COM



## Diane Von Furstenberg Highrise goblets

Add the drama of deep, rich caramel to the summer table — teamed with bright turquoise and crisp white dishes, they'd be perfect for those chic luncheons on the terrace.

Diane Von Furstenberg Highrise goblets,  
\$60 for a set of four/HBC.COM



## Koldby Cowhide Rug

A decorator classic accessory at a fantastic price! Soften up hard wooden floors or spread out over broadloom for a layered look.

Koldby Cowhide Rug, \$299/IKEA.CA

### Pillow and mattress care

## Let's count sheep, not dust mites



**CHARLES THE BUTLER**  
askcharlesthebutler@metronews.ca  
For more, visit charlesmacpherson.com

Dear Charles the butler, I'm wondering how to properly clean a pillow top mattress. I'm doing my spring cleaning and I want to clean this as well. Any tips or suggestions? Thanks, Carissa

Hello Carissa!  
Good on you for your cleaning. You should have on hand a good vacuum cleaner, vinegar and baking soda. Now here is what you need to do!

1. Vacuum the mattress using the correct vacuum cleaner attachment. Be sure to lift the lip of the pillow top and get underneath.

2. Mix a multi-purpose solution of equal parts vinegar and water in a spray bottle and lightly mist the mattress with it.

3. Sprinkle a light layer of baking soda all over the mattress and allow it to sit for three or four hours before vacuuming it up.

4. Vacuum the mattress thoroughly so that you remove all of the baking soda.

5. Voilà! A fresh and clean mattress for the spring season!

HAVE A QUESTION? SEND AN EMAIL TO ASKCHARLESTHEBUTLER@METRONEWS.CA



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# Spring/summer for the home

Take a cue from your closet and incorporate the same trends you're excited about wearing this summer into the look of your place

KENYA HUNT  
kenya.hunt@metro.lu

## TRIBAL



Burberry  
raffia hat

\$495,  
netaporter.com

Colour coil  
plant pot

anthropologie.com



## FLORALS



Zara  
blouse

\$60, zara.com



Missoni Home  
pillow

\$251, yoox.com

## PASTELS



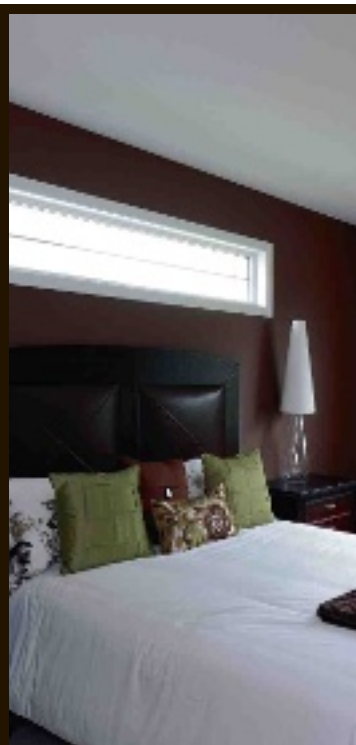
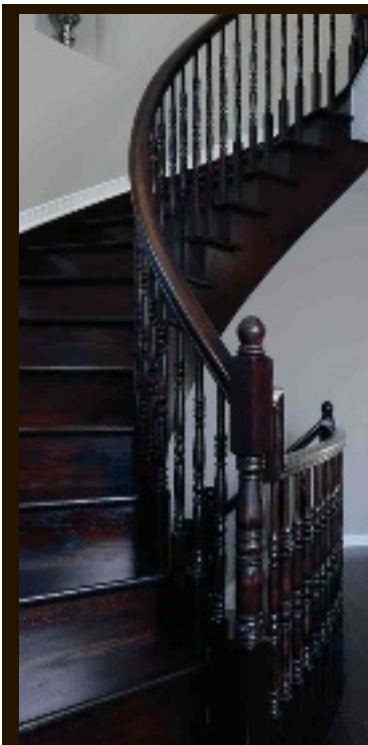
ASOS  
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\$55, asos.com



Iris tea  
towels

\$3, ikea.com



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# Sow some fun to grow young gardeners

**Pint-sized planters.**  
Kid-friendly garden work can offer valuable lessons

If you think it's hard getting kids to eat their vegetables, wait until you try recruiting them for garden work.

But the challenge is worth it: Children just might add more healthy foods to their

diet if they've grown them themselves.

"If a child grows herbs or vegetables, they will try them at least once," said Mike Ferraro, whose Preferred Commerce Co. produces Growums, an animated garden program that uses online gaming technology to teach children how to raise fresh edibles and have fun doing it.

"When they're done, they're so proud of it they

## Quote

**"If a child grows herbs or vegetables, they will try them at least once."**

Mike Ferraro, Preferred Commerce Co.

want to eat it," he said.

You're never too young to garden, although results for the youngest gardeners might be mixed, said Susan Robbins of the National Gardening Association's Garden-

ing With Kids program.

Some plants are bound to fail, so don't react by secretly replacing your preschooler's veggies, Robbins said.

"Failures are a good way for children to understand

that the process doesn't always work and that you shouldn't give up," she said. "Reactive gardening makes them better adults."

Some steps you can take to feed a child's hunger for learning in the garden:

- Involve them in the planning. Set aside a site and let the kids decide what to grow.

- Add fun to their gardening menu. Pay a bounty for the weeds they pull, plant "surprises" in their growing beds or introduce them to "tickle-me plants" — a houseplant (*Mimosa pudica*) that closes its leaves and lowers its branches when touched.

"As a schoolteacher, I have found that growing a 'tickle-me plant' excites youngsters about science and nature as well as making them more sensitive about how to care for plants and other living things," said Mark Chipkin, educational project director for TickleMe Plants Co.

- Build their attention

span. Introduce garden themes like pizzas (tomato, oregano, basil and bell pepper plants), tacos (cilantro, jalapeño, lettuce and tomato) and salads (lettuce, carrot, cucumber and tomato). Plants that germinate quickly, such as sunflowers, daisies and cucumbers, also keep kids engaged.

- Use pots or containers to make their job less daunting.

- Encourage them in their homework. Each year, Bonnie Plants, an Alabama-based wholesaler, distributes more than a million free cabbage plants to third-grade classrooms around the U.S.

Students grow the seedlings in their family gardens. Bonnie awards a \$1,000 scholarship to one student from each state after teachers submit the names of their class winners.

"The reason Bonnie chose the O.S. (oversize) Cross Cabbages is because the variety has the potential to grow to be 40 to 50 pounds, and it makes it really fun and engaging for the kids to watch it grow," said Joan Casanova, a spokeswoman who helps co-ordinate the 48-state program.

"The program not only teaches kids about gardening and where their food comes from, (but) it also teaches kids lessons in responsibility and builds self-confidence," she said.

THE ASSOCIATED PRESS

## Green thumbs

- Let your kids do some of the dirty work. Even a toddler can aim a water hose. Buy child-size tools and build raised beds to make it easier for children to manoeuvre.

# PALACE

## FURNITURE GALLERY

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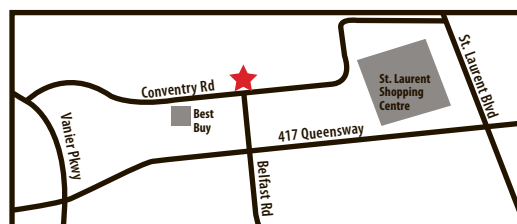


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Baylen Wasden, 2011 winner of the Bonnie Plants Cabbage Program for the State of Georgia. BONNIE PLANTS/THE ASSOCIATED PRESS



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metro

# MOTHER'S DAY GIFT GUIDE

Thursday, May 10, 2012



Get creative and head outside with mom this Mother's Day when you are thinking of gift ideas. You can green thumb it, take a hike or start walking or running with your mother. iSTOCKPHOTO/THINKSTOCK

## Fresh ways to say 'I Love You'

**Appreciation.** Surprise mom with these ideas to celebrate the most important woman in our lives

ASTRID  
VAN DEN BROEK  
For Metro

While most moms would cheerfully accept a late sleep-in, a homemade breakfast in bed or a lovely mid-day brunch out as a token of appreciation for Mother's Day, maybe this year you can freshen up your ideas to surprise mom.

We asked Ann Douglas, author of *The Mother of All books* series and a mom to four children, for some thoughts on new ways to celebrate this important woman in our lives.

### GREEN THUMB IT

Got a mom who loves to garden? Share her passion, suggests Douglas. "Plan to spend Mother's Day afternoon visit-

ing a garden centre, picking out some plants, seeds, gardening tools, or books for a special garden you will plant together."

### GET CREATIVE

Spend some quality time with mom by upcycling. "Turn an old sweater into a throw cushion or give an old dresser that's missing some drawers a makeover," says Douglas.

### HEAD OUTSIDE

"Take a hike with mom," suggests Douglas. Be sure to snap some photos of the day

and put some thought into how you will display those photos — think turning the pictures into fridge magnets or hanging them on a mini-clothesline.

### START A SWAP

Expand mom's literary repertoire by organizing a book swap for her. "The moms might be too busy to pull this off on Mother's Day, so plan to do this in a few weeks' time. Ask your mom to select a half-dozen books she loved, but that she's unlikely to read again. Then ask her to invite a

half-dozen friends — and tell her friends to do the same. Tell her you'll make dessert, coffee, and tea and serve her guests during her book swap."

### GET CRAFTY

Start a Mother's Day scrapbook that you will add to every year, suggests Douglas. "Take photos and write stories about you and your mom and the adventures you've had this year."

### START WALKING

Get your mother moving by

teaming up for the Breast Cancer Society of Canada's annual walk (check out [mothersdaywalk.ca](http://mothersdaywalk.ca) for the locations near you). Or if your mom really wants to get going, sign up together for a running clinic or start a race training program. Retailers such as The Running Room offer clinics for walkers and runners of all levels, as well as race training plans. (If mom isn't a runner or walker, opt for something else to get her out and about, such as a yoga or a dance class you can take together.)

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# High-tech toys

MIKE  
YAWNEY  
For Metro

She may tell you all she wants for Mother's Day is to sleep in and not lift a finger, but everyone knows moms really want electronics. Here are some of the best gadgets to show mom just how much you love her.

## Amazon Kindle with 3G — \$149

Let mom escape reality and lose herself in a good book. While other e-readers rely on Wi-Fi, this version offers users free 3G to download books anywhere in the world. It's lightweight, has incredible battery life, and can hold up to 3,500 books.

## Motorola Motoactv — \$249

A gadget for moms with an active lifestyle. The Motoactv uses GPS technology to



track your location, monitor distance and calories burned while running or cycling. It also doubles as an MP3 player, which can suggest energizing playlists. Careful on how you present this gift. You don't want to give her the wrong idea.

## Joulies — \$49.95

Magic beans for mom's next cup of coffee or tea! Each stainless steel bean contains a special phase change material that melts at 60 C (140 F). The beans instantly cool down your piping hot coffee so you



## Samsung DV300F — \$249

This 16.1-megapixel point-and-shoot camera features a front and back viewfinder along with Wi-Fi connectivity so you can share your moments instantly. Smartphone owners can use their device as a wireless viewfinder. Imagine, family portraits without having to set a timer.

## Belkin Chef Stand and Stylus — \$39.99

Use your iPad as a digital recipe book in the kitchen without mucking it up. This stand



keeps your tablet at the perfect angle while the rubberized stylus allows for navigation without having to touch the screen with your dirty hands. All parts are washable with soap and water — except the iPad.

## Gelaskins — \$14.95 and up

Let mom protect and personalize her portable electronic devices with Gelaskins. These stylish laminated vinyl decals help protect smartphones, tablets and laptops against scratches and everyday wear and tear. Pick from hundreds of designs or let mom create her own. Gelaskins is a Canadian company!

## Cards App — Free

Design and order Mother's Day cards right from your iPhone or iPod Touch. Choose a design, upload a photo, write a message, and then place your order.

## Libratone Live — \$699.95

Classic Scandinavian design has the Libratone Live looking more like a piece of stylish furniture than a high-end speaker. Airplay technology allows mom to stream her favourite songs wirelessly from an iPod Touch, iPhone, iPad or Mac throughout the home in glorious surround sound.

Clockwise from top right: Belkin Chef Stand and Stylus, Gelaskins, Libratone Live, Amazon Kindle with 3G, Joulies, and Samsung DV300F.



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International Museum Day 2012

## A NOTEWORTHY HISTORY

12-13 MAY 2012  
FREE ADMISSION

## PRESENTATIONS

12 MAY

MONEY AND TECHNOLOGY  
ENGLISH 11:00 FRENCH 12:00

13 MAY

MONEY AND SECURITY  
ENGLISH 13:00 FRENCH 14:00

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# Splash of colour



Clementine Satin Sheath Dress, \$185, available at select Melanie Lyne stores, melanielyne.com.



Armani Jeans Linen Ruffle Dress, \$260, available at Sporting Life, sportinglife.ca.



LAUREN By Ralph Lauren Newbury Continental Wallet, \$98, available at the Bay, thebay.com.



Sou' Wester, \$82, choose from red, yellow or black, available at Tilley, tilley.com.



The Wide Leather Belt, \$39.99, available at Winners, winners.ca.



Mixed Print Crinkle Scarf, \$30, available at select Melanie Lyne stores, melanielyne.com.



Trench Coat, \$35, available at Walmart, walmart.ca.



Seamaster Planet Ocean Co-Axial Watch, \$5,900, available at omegawatches.com.



Strappy Wedge, \$39.99, available at Winners, winners.ca.



Beauty Bag In Prince Leather, \$58, available at Roots, roots.com.



The Day Clutch, \$24.99, available at Winners, winners.ca.



Tangerine Dreams, \$129.99, available at Winners, winners.ca.

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Hayley Wickenheiser  
THE CANADIAN PRESS FILE

## Nominate your mom

Walmart Canada is celebrating Mother's Day by launching the Mom of the Year Award, an annual initiative designed to give Canadians an opportunity to recognize the enormous contribution of their mothers.

Once nominated, each mom will be asked to outline one charity or cause that is close to her heart because the award recipient, who will receive \$10,000 to pamper herself, will also receive \$100,000 for donation.

"The Mom of the Year Award gives all of us an opportunity to say 'thank you' to those mothers who have had the biggest impact on us," said Shelley Broader, president and CEO of Walmart Canada. "We hope that every Canadian will join us in our charge to give back to moms by nominating a special mom they know."

A selection committee of Mom Ambassadors comprised of three admired Canadian mothers and two Walmart Canada moms will determine the recipient of the Mom of the Year Award. Olympic champion and women's hockey icon Hayley Wickenheiser, editor-in-chief of Today's Parent magazine Karine Ewart, and celebrated opera singer Natalie Choquette will work alongside senior vice-president of marketing for Walmart Canada, Emma Fox, and Broader.

The committee will select eight finalists, who will be flown to Toronto for a day of pampering, a photo shoot and an awards gala. Each finalist will receive \$10,000 to spend on themselves, and seven will receive an additional \$10,000 each for their charity or cause of choice. The Mom of the Year Award recipient will receive \$100,000 for the charity or cause of their choice.

Nominations for the Mom of the Year Awards close July 8. Finalists will be notified by Aug. 15. Visit momoftheyear.ca for more information.

# Give mom's heart a helping hand

Racing off to swimming lessons and soccer practices. Picking up groceries and making sure kids are fed. Tackling a laundry mountain. Taking kids to their doctor's appointments — and, of course, those birthday presents that need to be bought and wrapped on time. Does this sound familiar?

Most moms have a never-ending list of to-dos, which they bravely soldier through every day to ensure their family is happy, healthy and well taken care of.

But is she taking care of herself, too? If not, her kids can change that this Mother's Day.

"Heart disease and stroke is the No. 1 killer of women in Canada — more than all cancers combined," says Bobbe Wood, president of the Heart and Stroke Foundation. "A mother is so used to putting her family's needs first, often ignoring her own warning signs and putting herself at risk for heart disease and stroke. That's why our awareness campaign — The Heart

Truth — is so important."

All women need to make their own health a priority as heart disease and stroke take too many women before their time. By carving out time to exercise and de-stress, and to manage their blood pressure and cholesterol levels by eating healthy, moms can protect their heart health.

This Mother's Day, kids can do their part so she can take care of her own heart health. Small gestures and helping out with some daily chores can go a long way to

freeing up mom's time. Here are some ideas to get started:

- Making breakfast in bed and then clearing up afterwards.
- Setting and clearing the dinner table.
- Loading the dishwasher.
- Making their beds.
- Putting away their own clothes after they are washed.
- Dusting their rooms.

To ensure kids stay on course, allow them to choose the tasks they would like to help out with. If children get in the habit of helping out a little bit more every

day, these small gestures will mean more time for their mother to add exercise and relaxation into her day and protect her heart health.

Kids can download a Mother's Day e-card with a personalized message and heart health information at thehearttruth.ca. The site includes prevention tips, signs and symptoms, recipes and questions to ask her doctor. Awareness of her heart health may be the best gift you could give this Mother's Day.

NEWS CANADA



### Scotiabank celebrates Mother's Day

To celebrate Mother's Day, share your moment of 'mom richness' and we'll make a donation to a Canadian charity on her behalf.

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## For the fast-paced mother

She's an accountant, a chauffeur, an event planner and chef, and that's not even her day job.

Let your mother know just how much she is appreciated with one of these gift ideas from Quality hotels, a leading name in female business travel:

- Help the kids make a home-made gift from the heart. A decorative photo frame with a favourite family photo inside will keep mom company until her return.

- Today's carry-on luggage finally marries convenience and style. Purchase a rolling carry-on bag in a fun print, classic leather, or her favourite colour and she will be able to go from the airport to the boardroom with ease.
- Tech savvy moms will love the new tablets for chatting live with family, streaming video, reading online books and magazines, or surfing the web in their hotel room. If that's not in your budget,

look into new headphones, a carrying case for her gadgets, or gift cards to popular music, book, magazine and movie downloading sites.

- Silk pillowcases are a small luxury that will make mom feel more at home in her hotel room after a long day of meetings.

- Keep both mom and her car efficiently fuelled with gifts like gas cards, travel mugs, or a gift card for her favourite coffee chain.

NEWS CANADA



Honey Almond Cream with Berries. NEWS CANADA

## Recipe. Honey Almond Cream with Berries

Make your mom proud this Mother's Day by serving a special spring brunch.

This fanciful dish from the Almond Board of California is sure to impress and is simple to make.

Using a blend of fresh berries, cottage cheese, slivered almonds and a touch of honey, the flavours are sure to brighten up her day.

### Directions

**1** In a food processor or blender, process cottage cheese for one minute. Scrape sides of container and process for one minute, or until smooth. Transfer to an airtight container; refrigerate for about eight hours, or until firm.

**2** Put cottage cheese in a medium bowl; gently fold in sour cream. Fold in honey and almond extract. (At this point, mixture can be refrigerated for up to two days in an airtight container.)

### Ingredients

- 1 cup (250 ml) no-salt-added 1% cottage cheese
- ½ cup (125 ml) non-fat or light sour cream
- ¼ cup (60 ml) honey
- ½ tsp (2 ml) almond extract
- 1 pint (470 ml) fresh strawberries (about 2 cups, 500 ml)
- ½ pint fresh raspberries (about 1 cup, 250 ml)
- ½ pint fresh blueberries (about 1 cup, 250 ml)
- ½ cup (125 ml) slivered almonds, dry-roasted

**3** At serving time, slice strawberries; in a medium bowl, gently combine with other berries. Spoon about 1/3 cup (75 ml) berries into each of 12 individual bowls or goblets. Top each serving with about 2 tbsp (30 ml) cream mixture, then sprinkle each with almonds. Makes 12 servings. NEWS CANADA



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rose.com.



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This little gem lets readers in on the  
rituals of taking tea, \$22.95, available  
at Indigo, chapters.indigo.ca.



Fleur de Sel  
Caramels, \$12.50,  
available at Indigo,  
chapters.indigo.ca.

Ladies High  
Performance  
Garden Gloves,  
\$16.99, available  
at Canadian Tire,  
canadiantire.ca.





# Why every mother needs a timeout

Mothers are so busy taking care of everyone else in the family they often put themselves last on the list. Here are some simple ideas to help busy moms nurture themselves and keep that inner spark glowing.

## Diet and Exercise

Moms who eat right and get enough sleep experience greater levels of energy, lower levels of stress, and increased self-esteem. In fact, some forms of exercise can be fun to do with your kids, so everyone can benefit.

## Home Spa

Moms deserve pampering, but don't always have the time or

budget to get away for some spa time. Turning your bathroom into a home spa can help you enjoy the relaxation and beauty benefits of a sublime soak.

## Pursue Hobbies

As a mother, you use your creativity when you play make-believe games or do projects with your children. But a few hours of pure creative engagement (think art class, photography or a pottery workshop) apart from your family can recharge your batteries.

## Volunteer

Volunteering is another way to nurture your interests and con-

nect you with other people. This is especially important for stay-at-home moms. Find a cause you are passionate about or get involved with a local organization like Christian Children's Fund of Canada (ccfcanda.ca) and help improve the lives of children and mothers living in poverty around the world.

## Build Your Support Network

Who's on your speed dial? Develop a set of close connections you can depend on in a pinch — and know that you would do the same for them.

As a mom, it's important to have balance in your life. Taking care of yourself will not



Turn your bathroom into a home spa to pamper your mom. DESIGN PICS/THINKSTOCK

only give you time away from your loved ones to reflect and

appreciate, but will add vitality and reduce stress. Your en-

tire family will benefit.  
NEWS CANADA



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A new mom deserves a break from the tasks and responsibilities that come with raising a child. ZONAR/THINKSTOCK



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# Honour the new mom in your life

Mother's Day is here, providing you with the perfect opportunity to honour that special new mom in your life. Here are some unique gift ideas that she will love.

night doulas typically charge a higher hourly fee), and they can stay as long as they are needed — from a few days to many months.

## Make Memories

Ditch the flowers, forgo the diamonds and leave the breakfast in bed to the children. This is the year for gadgets. There are a ton of cameras available today that will capture every fleeting moment of motherhood. Most are child-friendly, which means you can hand these to the kids and not worry about sand or dust. Or even a dunk in the pool.

## Gifts That Give Back

Make this Mother's Day unforgettable with a gift that keeps on giving. Consider making a donation to her favourite charity of choice or purchase a gift through a local organization like the Christian Children's Fund of Canada (ccfcanada.ca) and help provide expectant moms and babies in some of the poorest regions in the world with essentials like prenatal vitamins, check-ups, and post-natal care and education.

NEWS CANADA

## Post-partum Doula

Never heard of one? Post-partum doulas step in after the birth of the baby to help take care of mom and help out around the house so mom can bond with the baby. There are qualified post-partum doulas in every city — just Google or ask for a recommendation from friends, colleagues, a local hospital or a parenting group. Doulas are available to help during the day or over night (over-



Honour the special new mom in your life this Mother's Day. HEMERA/THINKSTOCK



# Because mothers are beautiful

JANINE  
FALCON  
For Metro

Some gorgeous makeup, skin care and bath and body gifts that are as special as mom is.

**Shu Uemura's** popular cleansing oils are dressed for spring in delightful designs by celebrated contemporary kimono artist mamechiyo. Shown: Fresh Pore Clarifying Gentle Cleansing Oil, which will leave mom's skin

radiantly clean and soft. \$79, Holt Renfrew.

One of the season's most covetable makeup collections is **Guerlain's Terra Azzurra by Emilio Pucci**, the second collaboration between the iconic brands. Select limited-edition items, such as a Kabuki-style brush and the Terra Azzurra Bronzer & Blush, come with their own Pucci-print pouches. From \$24. Guerlain boutiques and the Bay.

Beautiful packaging and delightful scents make **Lolita** lush bath and body treats as special as mom is. Breathe Shea Butter

Handcreme, \$26. Relax Sea Salt Sachet, \$15. All at dealuxe.ca.

Sleek and chic, these refillable mini **Chanel Purse Sprays** come filled with Chance, Chance Eau Tendre or Chance Eau Fraîche for you to give mom with lots of love. Set of three, \$84. Holt Renfrew.

Pamper mom with a luxurious body set that includes triple-milled soap, moisturizing bath-and-shower gel, silky lotion and comforting cream. **Crabtree & Evelyn** Lily Jewelry Box Gift, \$95. see crabtree-evelyn.com for stores.

Nail polish has never been more popular — nor so luxurious and glossy as the new **YSL La Laque Couture** collection. The tricky part is choosing from the range of show-stopping shades. \$27 each. The Bay and Murale.ca.

Anything **La Mer** equals decadence in beauty for celebrity moms like JLo and Madonna, too. The Brightening Essence Intense (\$320) targets dark spots with powerful algae ferments and La Mer's famous Miracle Broth; the divine, Broth-rich Reporative Body Lotion (\$165) also taps potent anti-aging peptides and

extracts. Holt Renfrew.

Mom will love one or all of these lovely **Pangea Organics Body Oils**, especially if she has thirsty skin. Cold-

pressed blends of essential oils, they are rich in vitamins and essential fatty acids, and wonderfully fragrant. \$26 each. beautymark.ca.

It's the 20th anniversary of **Lalique de Lalique**, an ultra-feminine floral with a sensual finish. Special 100 ml Eau de Parfum and Eau de Toilette flacons include a gold-plated jasmine flower pendant necklace

each; one in 20 has an amber-coloured Lalique crystal pendant instead. \$135, Holt Renfrew.

**Lancôme** combines cutting-edge anti-aging technology with luxury and heritage in its new Absolu L'Extrait. The formula contains two million cell-regenerating stem cells from the Lancôme Rose (created in 1973), and is housed in an updated version of a 1936 Lancôme jar. It's coming in June; a note of intent will tide mom over. \$350, lancôme.ca.

Bottom, from left, Crabtree & Evelyn Lily Jewelry Box Gift, Guerlain's Terra Azzurra by Emilio Pucci makeup, Lancôme Absolu L'Extrait, Pangea Organics Body Oils. Top, from left, La Mer Brightening Essence Intense and Broth-rich Reporative Body Lotion, Lalique de Lalique Eau de Parfum, YSL La Laque Couture collection, Shu Uemura Fresh Pore Clarifying Gentle Cleansing Oil.



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Put together an 'at-home' spa basket for the stressed out mom-to-be. ISTOCKPHOTO/THINKSTOCK



There are a number of gift ideas you can surprise a new mom with this Mother's Day. ISTOCKPHOTO/THINKSTOCK

# Gifts for the mom-to-be

Whether you know a new mom or you just want to celebrate your friend's pregnancy, coming up with unique Mother's Day gift ideas can be challenging. Here are some suggestions for every budget:

**For the stressed out mom**  
Mom-to-be is anxious about baby and desperately craves some R&R.

**Budget:** Put together an "at-home" spa basket complete with calming oils, bubble bath, classical music, a light-hearted novel, and slippers.

**Indulge:** Purchase a certificate to a spa that offers a pregnancy massage or book a "babymoon" for mom-to-be and her hubby.

**For the multitasker**  
While preparing for baby's arrival, this mom-to-be is finishing up a course in school, working part time, fixing up the house, and designing a scrapbook of pregnancy pictures.

**Budget:** Buy a fun family calendar so everyone can stay organized and keep in touch.

**Indulge:** Look for items that have a dual purpose like a backpack that acts as a baby carrier or a stroller designed for jogging and keeping baby comfortable.

**For the foodie**  
She loves to try new foods and has been thoroughly enjoying the "eating for two" mentality.

**Budget:** Invite mom-to-be over for a home-cooked meal. The gesture will mean so much to her and you can enjoy some quality time together before baby's arrival.

**Indulge:** Get a gift card to a restaurant she has always wanted to try. Or if she isn't up to going out, hire a professional chef for an evening.

**For the do-gooder**  
Rarely spends a dime on herself and insists she would rather have money spent to help others in their difficulties.

**Budget:** Volunteer at a local soup kitchen or animal shelter, depending on the cause your friend or sibling feels most strongly about. Since she won't be able to help out as frequently when baby arrives, you can do the job for her.

**Indulge:** Donate to an organization and help provide pregnant women in some of the poorest countries in the world with health care and education to ensure a safe delivery.

NEWS CANADA



Invite a mom-to-be over for a home-cooked meal. HEMERA/THINKSTOCK

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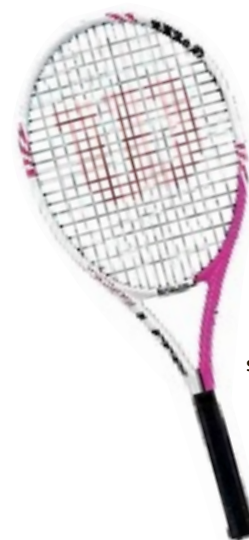


# Healthy choices



Owl/Dring Bike Bell, \$19.99, available at hmv Canada, hmv.ca.

Cannondale Synapse Carbon 5 105 Women's Road Bike, \$2299.99, available at Sporting Life, sportinglife.ca.



Wilson Hope Lite Tennis Racquet, \$69.99, available at Sport Chek, sportchek.ca.



Suunto M4 Heart Rate Monitor, \$160, available at Mountain Equipment Co-Op, mec.ca.



Hi-Impact Sports Bra, \$29.99, available at Mark's, marks.com.



Lole Ladies Truly Hoody, \$100, available at Sporting Life, sportinglife.ca.

## CHARITY GIFT GUIDE

METRO CUSTOM PUBLISHING

## DAUGHTER'S COURAGE GIVES MOM STRENGTH

To paraphrase Lao Tzu: A mother who loves deeply gives courage, while a mother who is loved deeply receives strength. That is true for Michelle and daughter Paige, whose lives have been touched by the power of a wish. Paige was only two when she was diagnosed with acute lymphoblastic leukemia.

"The nurse held my hand, looked at me and said, 'You're on a new journey now, and that's OK,'" Michelle recalls. The journey itself was heart-rending with chemotherapy treatments, doctors visits and "pokes," a word Paige and Michelle used for the countless injections she needed to endure. Later, Michelle learned Paige could receive a wish from Children's Wish and the journey took a markedly positive turn.

One day, as they drove by a playground, Paige asked, "Can I have that?," the way some children might ask for a pony.

At first, Michelle replied, "Umm, no honey," but then remembered the wish and the answer became yes.



CHILDREN'S WISH PHOTO

Today, Paige is cancer free and the bond between mother and daughter is deeper than ever. "I was told once by a friend, 'Your strength is her strength.' That's reversed. Watching what she has gone through has taught me that her strength is my strength. That's my girl, I can't be more proud of her."

The Children's Wish Foundation of Canada relies on donors and volunteers to grant a wish to children with a life-threatening illness. Donors can purchase a Mother's Day gift in honour of that special person at [catalogueofwishes.ca](http://catalogueofwishes.ca).

Celebrate the special bond between a mother and child

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# 4

## SPORTS

On the web

### Rangers look to cap it off in D.C.

The New York Rangers entered Washington last night with a chance to finish off the Capitals and punch their ticket to the Eastern Conference finals against the New Jersey Devils. Go to [metronews.ca/sports](http://metronews.ca/sports) for the results.

On the web



Jonathan Quick continues to defy expectations for the L.A. Kings, compiling a 1.55 goals-against average and a .949 save percentage with just one loss through two rounds of the playoffs. His hard-working style will be front-and-centre in the Kings' upcoming clash with the Phoenix Coyotes in the Western Conference final. Scan the code for the story.

## IIHF hockey

### Getzlaf gets last laugh vs. Swiss

With the possibility of an upset hanging in the air in Helsinki, Canadian captain Ryan Getzlaf came through in the clutch Wednesday to score the winning goal in a 3-2 victory over Switzerland.

THE CANADIAN PRESS

## Tennis

### Raonic upset repelled by Federer

Canada's Milos Raonic pushed Roger Federer to the brink in the second round of the Madrid Open.

But the native of Thornhill, Ont., couldn't complete the upset as Federer survived two tiebreakers en route to a 4-6, 7-5, 7-6 (4)



Milos Raonic GETTY IMAGES

win on Wednesday.  
THE CANADIAN PRESS

## NHL

### Ownership change in St. Louis

The St. Louis Blues have a new owner. The NHL's board of governors unanimously approved the sale to a group led by Tom Stillman Wednesday. The price was not disclosed, but is believed to be about \$130 million US.

THE ASSOCIATED PRESS

## MLB



"If it's my call, I don't want to leave the game the way it happened."

Mariano Rivera. The Yankees closer has a blood clot in his right calf, the latest problem for the right-hander who tore ligaments in his knee last week. He is on blood-thinning medication and says he's OK.

# Jays return fire in Oakland

**MLB.** Lind, Arenecibia and Encarnacion connect for homers to back Morrow in Toronto's win over A's

Blue Jays manager John Farrell shuffled things around before the game and apparently added a little bit of much-needed fuel for his lineup.

Adam Lind hit a two-run homer after being demoted from the cleanup spot to eighth in the order, and J.P. Arenecibia and Edwin Encarnacion each hit solo drives to lead Toronto past the Oakland Athletics 5-2 on Wednesday.

"Adam responded well to the move in the lineup," Farrell said. "It was just nice to score some runs."

Brandon Morrow (4-1) struck out a season-high 10 in six innings and won his fourth straight start, outpitching Tyson Ross in a matchup of former college stars from the nearby University of California who were 2006 teammates. The Blue Jays right-hander went 23-2/3 innings without allowing a run before Jonny Gomes hit an RBI single in the fifth.

Arenecibia homered leading off the seventh, this time coming through with a key hit in a close game. Farrell lifted him for pinch-hitter Omar Vizquel with the go-ahead run on third in the ninth in-



Casey Janssen pitches during the ninth inning in Oakland on Wednesday. EZRA SHAW/GETTY IMAGES

ning of Tuesday night's 7-3 loss — so delivering this time had to be a nice boost.

Encarnacion started the eighth with his 10th homer, ending an 0-for-21 funk and helping Toronto snap a three-game skid on the heels of a four-game winning streak. Colby Rasmus had an RBI single in the sixth that chased Ross (1-3).

Oakland didn't generate much offence against Mor-

## By the numbers

## 0.67

Brandon Morrow owns a 0.67 ERA during a four-start winning streak, allowing only two earned runs over 27-2/3 innings.

row, but received good news after the game that cleanup hitter Yoenis Cespedes has only a strain on the top of his left hand and not a break.

He was scratched about an hour before Tuesday's game after injuring his hand in batting practice.

"I am very happy to know it is not a significant injury," Cespedes said.

Five of Morrow's 10 Ks came on called third strikes but he wasn't happy with four walks — half of his eight total coming into this start. He had walked only one batter over his previous three outings.

"I wasn't as sharp as I have been. I walked too many guys and it hurt me in the fifth. I didn't have a good slider today and that probably affected things. My stuff was still good," said the Santa Rosa, Calif., native. "It's always fun to come here. I always have family and friends who show up. I got a few texts from my coaches at Cal and then there are friends who show up unannounced."

The Blue Jays bounced back after losing Tuesday night's opener of the two-game series on Brandon Inge's game-ending grand slam against Francisco Cordero, who was demoted from his closer job before Wednesday's game. Handed closing duties by Farrell, Casey Janssen finished with a 1-2-3 ninth for his first save in two tries this year.

"I tried to treat it like any other inning. My heart was going hard but that's a good thing," Janssen said. "I've felt I really haven't contributed much this year and now I have the opportunity to make more of an impact."

THE CANADIAN PRESS



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# Changed-up Flyers get familiar results

**NHL.** Philadelphia made big moves in off-season but lost in the second round again

Somewhere in Los Angeles, Mike Richards and Jeff Carter had to be sharing a chuckle.

And in Phoenix, the Coyotes unleashed a big exhale for more reasons than having new ownership.

Eleven months after the Philadelphia Flyers decided their once-future cornerstones were worth dumping, Richards and Carter are thriving with

the Kings along an improbable route to the Western Conference finals. The Coyotes, meanwhile, have no second thoughts about trading goaltender Ilya Bryzgalov and adding Mike Smith, because they'll be playing the Kings for the right to reach the Stanley Cup finals.

The Flyers, meantime, will be watching the rest of the post-season from home. Again.

General manager Paul Holmgren's major gamble last summer to reshape the direction of the franchise yielded mixed results. The Flyers won 47 games, totalled 103 points, finished fifth in the Eastern Conference and had a six-game

## A long wait

- The Flyers haven't won a Stanley Cup since consecutive titles in 1974 and 1975.
- After a surprising run to the cup finals in 2010, coach Peter Laviolette has only led them as far as two straight trips to the Eastern Conference semifinals.

post-season series win over odds-on favourite Pittsburgh.

But the run lasted only five more games. Bryzgalov allowed one of the franchise's all-time

bloopers of a goal and the Flyers offence ran out of fuel in a 3-1 loss Tuesday that left them without another game to play — or a championship banner.

Of course, it's impossible to know how the Flyers would have fared had they kept Carter and Richards. Even if the Kings win the Stanley Cup, the Flyers remain steadfast in their belief in the long-range potential of forwards Jakub Voracek, Brayden Schenn, Wayne Simmonds and Sean Couturier — the total haul in the two deals for Carter and Richards.

But either way, it's back to the drawing board again.

THE ASSOCIATED PRESS



Claude Giroux, in a suit, and the Flyers leave the ice after losing to the Devils in Game 5 Tuesday in Philadelphia. BRUCE BENNETT/GETTY IMAGES

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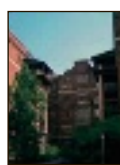
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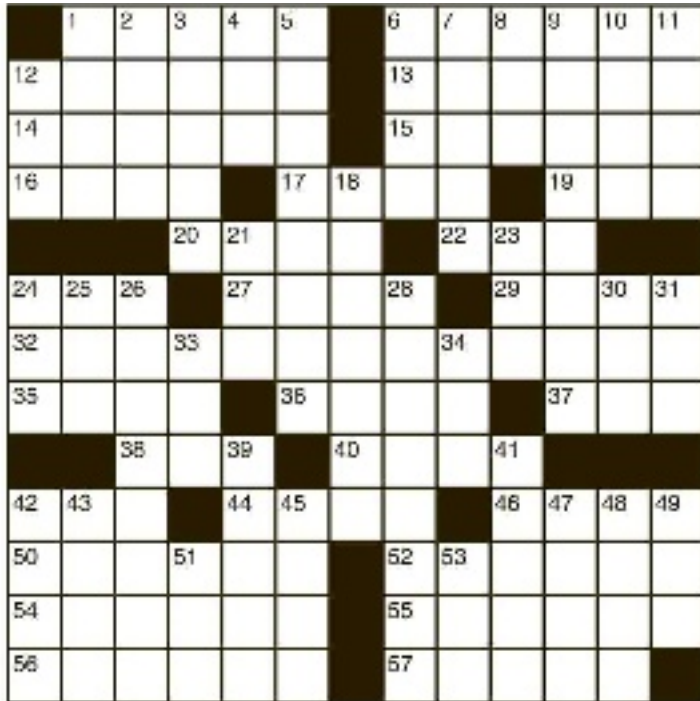
Crossword

Across

- 1 Tea variety  
6 Wahines' greetings  
12 Tire type  
13 Rest  
14 "2001: A Space Odyssey" writer  
15 Forgoes restaurants  
16 Bullets  
17 Burn some  
19 Youngster  
20 Presidential power  
22 Dundee denial  
24 Egos' counterparts  
27 007 villain  
29 Despondent  
32 Signs of wonder  
35 Unaccompanied  
36 Great Lakes tribe  
37 "Of course"  
38 Pole employee  
40 Verve  
42 Exemplar of easiness  
44 Sci-fi knights  
46 Open a bit  
50 Proportions  
52 Character  
54 Hymn renderers  
55 Walking on air  
56 Pace  
57 Angers

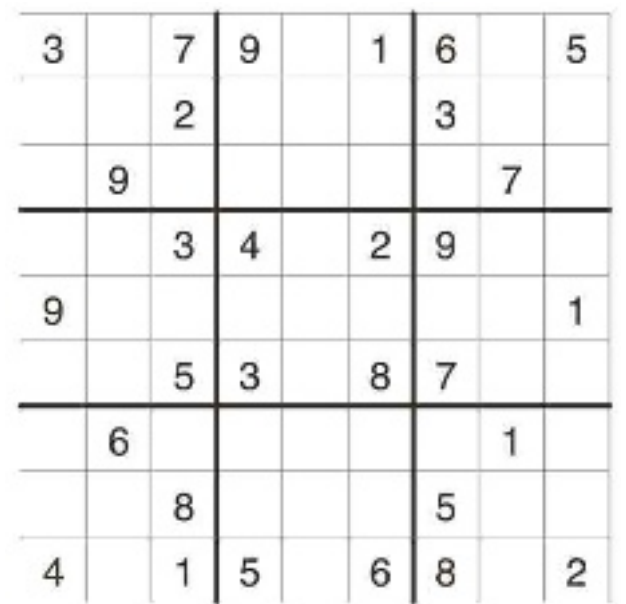
Down

- 1 Tropical tree  
2 Cheese choice  
3 Russian ballet company  
4 Squirrel's hangout  
5 Shockingly exciting  
6 Neighborhood  
7 Memorize  
8 Make up your mind  
9 Inn  
10 One side of the Urals  
11 Fax  
12 GE merger co.  
18 Esteemed  
21 NYC summer hrs.  
23 Attorneys' org.  
24 Smart figures?  
25 Twosome  
26 TV channel knob, e.g.  
28 Youngman joke  
30 Guitar's kin  
31 Double curve  
33 Costa del —  
34 Culpa preceder  
39 Norwegian inlet  
41 Birth-related  
42 Circle portions  
43 Money of Thailand  
45 Being, to Brutus  
47 Twine fiber  
48 Belligerent deity



- 49 Crimson  
51 Afternoon hour  
53 "When We Were Kings" subject

Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 | 1 | 6 | 3 | 4 | 7 | 5 | 2 | 9 |
| 2 | 4 | 3 | 8 | 6 | 5 | 7 | 0 | 1 |
| 7 | 5 | 9 | 1 | 2 | 8 | 3 | 6 | 4 |
| 4 | 8 | 5 | 7 | 9 | 2 | 6 | 1 | 3 |
| 3 | 2 | 1 | 4 | 8 | 6 | 9 | 7 | 5 |
| 9 | 6 | 7 | 5 | 1 | 3 | 2 | 4 | 8 |
| 1 | 7 | 4 | 6 | 3 | 8 | 5 | 5 | 2 |
| 5 | 3 | 8 | 2 | 7 | 1 | 4 | 9 | 6 |
| 6 | 9 | 2 | 8 | 5 | 4 | 1 | 3 | 7 |

Yesterday's Crossword



Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

SGOTZNG EG OLYKUYZTHHF  
GFGSTHHN XGLXHG BZIGHF.  
EG ETN GTBYGI KEG  
YUODYTWG "NKTBG WINKGB."  
Yesterday's Cryptoquip: WHEN A GUY'S  
WALKING CANE IS TOO SMALL FOR HIM TO USE  
PROPERLY, I RECKON HE'S UNDERSTAFFED.  
Today's Cryptoquip Clue: E equals H



For today's crossword answers and for expanded horoscopes, go to metronews.ca

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Horoscope

♈ Aries | March 21 - April 20.

A friend appears to have turned against you. Don't get too worked up because most likely it is a simple misunderstanding.

♉ Taurus | April 21 - May 21.

Things you were unable to say in the past won't be so hard to say now that Mercury, planet of communication, has joined the Sun in your sign.

♊ Gemini | May 22 - June 20.

Don't let someone talk you into getting involved with something you don't feel entirely happy about.

♋ Cancer | June 21 - July 22.

You need to get back to basics and work out why a project of some sort has failed to get off the ground.

♌ Leo | July 23 - Aug. 22.

Cosmic activity at the mid-heaven angle of your chart urges you to be ambitious but it also warns you don't have to be too aggressive.

♍ Virgo | Aug. 23 - Sept. 22.

Your confidence is sky-high at the moment and it will climb even higher. Keep making the most of it.

♎ Libra | Sept. 23 - Oct. 22.

Try not to pay attention to what critics say today because they are desperate to undermine your confidence.

♏ Scorpio | Oct. 23 - Nov. 21.

A loved one will say something nice today and whatever differences there may have been between you in recent weeks will be forgotten.

♐ Sagittarius | Nov. 22 - Dec. 21.

Jupiter in the work area of your chart suggests you have taken on too many responsibilities.

♑ Capricorn | Dec. 22 - Jan 20.

This is one of the best times of the year for you, a time when you can make anything happen.

♒ Aquarius | Jan. 21 - Feb 18.

It seems you are out of step with those around you. The herd is for losers, and you're a winner.

♓ Pisces | Feb. 19 - March 20.

Someone you meet on your travels today will tell you something worth knowing that'll make you smile. Pass it on and make others happy too.

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"Your prince awaits!"

Julia M.

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